

# YOU'RE ONLY YOUNG ONCE

Count: 32. Wall: 2. Level: Beginner

Choreographer: Micaela Svensson Erlandsson, September 2016

Music: You're Only Young Once by Derek Ryan

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## INTRO: 32 count

### SIDE, HOLD, ROCK BACK, RECOVER, SIDE, HOLD, ROCK BACK, RECOVER

1-4 Step R to right, Hold, Rock L back, Recover onto R

5-8 Step L to left, Hold, Rock R back, Recover onto L

### STEP, TAP BEHIND, BACK, HOOK, STEP, LOCK, STEP, SCUFF

1-4 Step R forward, Tap L behind R, Step L back, Hook R over L

5-8 Step R forward, Lock L behind R, Step R forward, Scuff L

### ROCK FORWARD, RECOVER, BACK TOE STRUT, BACK TOE STRUT, TOE BACK, UNWIND 1/2 LEFT

1-4 Rock L forward, Recover onto R, Touch L toes back, Drop heel to the floor

5-8 Touch R toes back, Drop heel to the floor, Touch L toes back, Unwind ½ left

### KICK, JAZZ BOX, KICK, JAZZ BOX

1-4 Kick R forward, Cross R over L, Step L back, Step R to right

5-8 Kick L forward, Cross L over R, Step R back, Step L to left

## 32 REPEAT

Tag: End of Wall 1 [6:00], Wall 4 [12:00] and Wall 11 [12:00]

### HEEL GRIND, ROCK BACK, RECOVER

1,2 Take weight on your R heel and fan toes from left to right, Recover onto L

3,4 Rock R back, Recover onto L