

# WOMEN ON THE MOVE

Count: 64. Wall: 2. Level: Intermediate

Choreographer: Chris Herbing & Liz Layton (Feb 09)

Music: **Women on the Move.** Artist/Album: Marcia Ball, Irma Thomas & Tracy Nelson / Sing it

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## INTRO: 32 count

### COASTER FORWARD, COASTER BACK, STEP, PIVOT 1/2, STEP, PIVOT 1/2

1&2 Step R forward, Step L beside R, Step R back  
3&4 Step L back, Step R beside L, Step L forward  
5-8 Step R forward, Pivot ½ left, Step R forward, Pivot ½ left

### SHUFFLE, ROCK FORWARD, RECOVER, SHUFFLE BACK, TOUCH BEHIND, REVERSE PIVOT 1/2

1&2 Step R forward, Step L beside R, Step R forward  
3,4 Rock L forward, Recover onto R  
5&6 Step L back, Step R beside L, Step L back  
7,8 Touch R behind L, Turn ½ right. (**weight on L**)

### ROCK BACK, RECOVER, 1/4 LEFT, ROCK BACK, RECOVER, 1/2 RIGHT, 1/2 RIGHT SHUFFLE

1-4 Rock R back, Recover onto L, Turn ¼ left step R to right, Rock L back [3.00]  
5,6 Recover onto R, Turn ½ right step L back  
7&8 Turn ½ right step R forward, Step L beside R, Step R forward

### OUT, OUT, HOLD, & CROSS, HOLD & HEEL & CROSS & HEEL & FORWARD

&1,2&3,4 Step L to left, Step R to right, Hold. Step L beside R, Cross R over L, Hold  
&5&6 Step L beside R, Touch R heel 45° right, Step R beside L, Cross L over R  
&7&8 Step R beside L, Touch L heel 45° left, Step L beside R, Step R forward

### ROCK BACK, RECOVER, STEP, PIVOT 1/2, DOROTHY, DOROTHY

1-4 Rock L back, Recover onto R, Step L forward, Pivot ½ right [9:00]  
5,6& Step L forward, Lock R behind L, Step L beside R  
7,8& Step R forward, Lock L behind R, Step R beside L

### TOUCH SIDE, HOLD, 1/4 LEFT TOGETHER, TOUCH SIDE, HOLD, TOGETHER, HEEL, TOGETHER, HEEL, TOGETHER, ROCK BACK, RECOVER

1,2&3,4 Touch L to left, Hold. Turn ¼ left step L beside R, Touch R to right, Hold  
&5&6 Step R beside L, Touch L heel forward, Step L beside R, Touch R heel forward  
& Step R beside L

### RESTART: Wall 4, see below

7,8 Rock L back Recover onto R

### 1/2 RIGHT, 1/2 RIGHT, SHUFFLE, JAZZ BOX

1,2 Turn ½ right step L back, Turn ½ right step R forward  
3&4 Step L forward, Step R beside L, Step L forward  
5-8 Cross R over L, Step L back, Step R to right, Step L to left

### BOOGIE WALK, HOLD, BOOGIE WALK, HOLD, BOGGIE R-L-R-L

1-4 Step R forward angled right, Hold, Step L forward angled left, Hold  
5-8 Step twist Right, Left, Right, Left

## 64 REPEAT

RESTART: During Wall 4, dance to count 46 then  
Step L back, Touch R beside L. Restart dance at front wall