

WIND UP LONESOME

Count: 32. **Wall:** 1. **Level:** Absolute Beginner

Choreographer: Noreen Wall (GBR) - October 2020

Music: A Real Good Way to Wind Up Lonesome by James House. Album: Days Gone By

INTRO: 16 count. Weight on L. Two Tags.

VINE RIGHT, TOUCH, SIDE TOUCH, SIDE, TOUCH

1-4 Step R to right, Step L behind R, Step R to right, Touch L beside R

5-8 Step L to left, Touch R beside L, Step L to left, Touch R beside L

VINE LEFT, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1-4 Step L to left, Step R behind L, Step L to left, Touch R beside L

5-8 Step R to right, Touch L beside R, Step L to left, Touch R beside L

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOGETHER

1-4 Step R forward, Step L forward, Step R forward, Kick L forward

5-8 Step L back, Step R back, Step L back, Step R beside L

SWIVEL RIGHT – HEELS, TOES, HEELS, CLAP

SWIVEL LEFT – HEELS, TOES, HEELS, CLAP

1-4 Swivel heels right, Swivel toes right, Swivel heels right, Clap

5-8 Swivel heels left, Swivel toes left, Swivel heels left, Clap

32 REPEAT

TAGS: End of Wall 5 and Wall 10

SIDE, TOUCH, SIDE, TOUCH

1-4 Step R to right, Touch L beside R, Step L to left, Touch R beside L