

WE ONLY LIVE ONCE - EASY

Count: 32. Wall: 4. Level: Beginner

Choreographer: Lene Mainz Pedersen, (DK) Feb. 2015

Music: **We Only Live Once** by Shannon Noll

INTRO: 32 count from Vocals - No Tags! No Restarts!

WALK, WALK, MAMBO, BACK, BACK, COASTER BACK

- 1,2 Step R forward, Step L forward
- 3&4 Rock R forward, Recover onto L, Step R back
- 5,6 Step L back, Step R back
- 7&8 Step L back, Step R beside L, Step L forward

(ON DIAGONALS) STEP, LOCK, STEP-LOCK-STEP, STEP, LOCK, STEP-LOCK-STEP

- 1,2 Step R forward 45° right, Lock L behind R
- 3&4 Step R forward, Lock L behind R, Step R forward
- 5,6 Step L forward 45° left, Lock R behind L
- 7&8 Step L forward, Lock R behind L, Step L forward

CROSS ROCK, RECOVER, CHASSE RIGHT, CROSS ROCK, RECOVER, CHASSE 1/4 LEFT

- 1,2 Cross Rock R over L, Recover onto L
- 3&4 Step R to right, Step L beside R, Step R to right
- 5,6 Cross Rock L over R, Recover onto R
- 7&8 Step L to left, Step R beside L, Turn ¼ left step L forward

CROSS, POINT, CROSS, POINT, JAZZ BOX, FORWARD

- 1-4 Cross R over L, Point L to left, Cross L over R, Point R to right
- 5-8 Cross R over L, Step L back, Step R to right, Step L forward

32 REPEAT