

# TIP IT BACK

Count: 48. Wall: 2. Level: Beginner

Choreographer: Nathan Lee (USA) - April 2025

Music: **Bell Bottoms Up** by Lainey Wilson. Album: Bell Bottoms Up - single

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**INTRO: 32 count, Two Tags, Two Restarts.**

## **CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER**

1&2 Step R to right, Step L beside R, Step R to right

3,4 Rock L back, Recover onto R

5&6 Step L to left, Step R beside L, Step L to left

7,8 Rock R back, Recover onto L

## **K STEP**

1-4 Step R forward 45° right, Touch L beside R, Step L back 45° left, Touch R beside L

5-8 Step R back 45° right, Touch L beside R, Step L forward 45° left, Touch R beside L

## **ROCKING CHAIR, JAZZ BOX 1/4 RIGHT, TOGETHER**

1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L

5-8 Cross R over L, Step L back, Turn ¼ right step R to right, Step L beside R **[3:00]**

## **RHUMBA BACK, HOLD, COASTER BACK, SCUFF**

1-4 Step R to right, Step L beside R, Step R back, Touch L beside R

5-8 Step L to left, Step R beside L, Step L forward, Scuff R

## **ROCKING CHAIR, JAZZ BOX 1/4 RIGHT, TOGETHER**

1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L

## **RESTART: Wall 6**

5-8 Cross R over L, Step L back, Turn ¼ right step R to right, Step L beside R **[6:00]**

## **WALK, WALK, WALK, WALK, V STEP**

1-4 Step R forward, Step R forward, Step R forward, Step L forward

## **RESTART: Wall 5**

5-8 Step R forward 45° right, Step L forward 45° left, Step R back to centre, Step L beside R

## **48 REPEAT**

## **TAGS:**

### **End of Wall 1**

## **SIDE, TOUCH, SIDE, TOUCH**

1-4 Step R to right, Touch L beside R, Step L to left, Touch R beside L

### **End of Wall 2**

## **SIDE, TOUCH, SIDE, TOUCH,**

## **STEP, PIVOT 1/4 LEFT, STEP, PIVOT 1/4 LEFT, STEP, PIVOT 1/4 LEFT, STEP, PIVOT 1/4 LEFT,**

1-4 Step R to right, Touch L beside R, Step L to left, Touch R beside L

5-8 Step R forward, Pivot ¼ left, Step R forward, Pivot ¼ left

1-4 Step R forward, Pivot ¼ left, Step R forward, Pivot ¼ left

## **RESTARTS:**

**During Wall 5, dance to count 44 and Restart**

**During Wall 6, dance to count 36 and Restart**

## **ENDING: Wall 7, dance to end, then:**

**Step R forward 45°, Hold, Step L forward 45° with hands out to sides.**