

# THE WORST 15 MINUTES

**Count:** 32. **Wall:** 4. **Level:** Intermediate

**Choreographer:** Tom Monaghan & Wendy Monaghan (NZL) - November 2009

**Music:** 15 Minutes by Rodney Atkins. Album: It's America

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**INTRO: Starts slow begin on the word "Smokin". Weight on L. No Tags, No Restarts.**

## **ROCK RIGHT, RECOVER, BEHIND-SIDE-CROSS, ROCK LEFT, RECOVER, SAILOR 1/2 LEFT**

1,2 Rock R to right, Recover onto L

3&4 Step R behind L, Step L to left, Cross R over L

5,6 Rock L to left, Recover onto R

7&8 Turn ½ left step L behind R, Step R to right, Step L beside R **[6:00]**

## **CROSS, 1/2 RIGHT, CHASSE RIGHT, ROCK FORWARD, RECOVER, COASTER BACK**

1,2 Cross R over L, Turn ½ right step L back

3&4 Step R to right, Step L beside R, Step R to right **[12:00]**

5,6 Rock L forward, Recover onto R

7&8 Step L back, Step R beside L, Step L forward

## **STOMP, STOMP, HEEL TAP, HEEL TAP, MODIFIED 1/2 MONTERAY, ROCK LEFT-RECOVER-CROSS**

1-4 Stomp R to right, Stomp L to left, Tap R heel twice

5,6 Touch R toe to right, Turn ½ right step R beside L

7&8 Rock L to left, Recover onto R, Cross L over R **[6:00]**

## **ROCK RIGHT, RECOVER, CROSS SHUFFLE, 1/4 RIGHT, 1/2 RIGHT, SHUFFLE**

1,2 Rock R to right, Recover onto L

3&4 Cross R over L, Step L beside R, Cross R over L

5,6 Turn ¼ right step L back, Turn ½ right step R forward

7&8 Step R forward, Step L beside R, Step R forward **[3:00]**

**32 REPEAT**