

THE BEST PART OF THE DAY

Count: 32. Wall: 4. Level: Improver

Choreographer: Denise Smith (Australia) August 2014

Music: **The Best Part Of The Day** by Derek Ryan. Album; The Entertainer Live

Starts on Lyrics - No tags, No restarts

HEEL STRUT, HEEL STRUT, COASTER, TOE STRUT, TOE STRUT, COASTER BACK

1&2& Step R heel forward, Drop toe to floor, Step L heel forward, Drop toe to floor

3&4 Step R forward, Step L beside R, Step R back

5&6& Touch L toe back, Drop heel to floor, Touch R toe back, Drop heel to floor

7&8 Step L back, Step R beside L, Step L forward

CHARLESTON, CHARLESTON

1-4 Touch R forward, Step R back, Touch L back, Step L forward

5-8 Touch R forward, Step R back, Touch L back, Step L forward

ROCK RIGHT, RECOVER, CROSS, ROCK LEFT, RECOVER, CROSS, STOMP, HOLD, PIVOT 1/8 LEFT, HOLD, STOMP, HOLD, PIVOT 1/8 LEFT, HOLD

1&2 Rock R to right, Recover onto L, Cross R over L

3&4 Rock L to left, Recover onto R, Cross L over R

5-8 Stomp R forward, Pivot $\frac{1}{8}$ left, Stomp R forward, Pivot $\frac{1}{8}$ left

ROCK FORWARD, RECOVER, SHUFFLE 1/2 RIGHT, STEP, PIVOT 1/2 RIGHT, SHUFFLE

1,2 Rock R forward, Recover onto L

3&4 Turn $\frac{1}{4}$ right step R to right. Step L beside R, Turn $\frac{1}{4}$ right step R forward

5,6 Step L forward, Pivot $\frac{1}{2}$ right

7&8 Step L forward, Step R beside L, Step L forward

32 REPEAT