

SWEET IRELAND

Count: 64. Wall: 4. Level: Easy Intermediate

Choreographer: Gary O'Reilly (IRE) - March 2022

Music: Sweet Ireland by Green Lads. Album: Origins

INTRO: 32 count from heavy beat

CROSS, HOLD-&-CROSS SHUFFLE, ROCK LEFT, RECOVER, BEHIND-SIDE-CROSS-&-

1,2 Cross/stomp R over L, Hold

&3&4 Step L slightly to left, Cross R over L, Step L beside R, Cross R over L
danced more on the spot rather than travelling

5,6 Rock L to left, Recover onto R

7&8 Step L behind R, Step R to right, Cross L over R, Step R to right

-CROSS, HOLD-&-CROSS SHUFFLE, ROCK RIGHT, RECOVER, BEHIND-SIDE-FORWARD

1,2 Cross/stomp L over R, Hold

&3&4 Step R slightly to right, Cross L over R, Step R beside L, Cross L over R
danced more on the spot rather than travelling

5,6 Rock R to right, Recover onto L

7&8 Step R behind L, Step L to left, Step R forward

ROCK FORWARD, RECOVER, TRIPLE LEFT FULL TURN, ROCK FORWARD, RECOVER, 1/2 RIGHT, STEP-

1,2 Rock L forward, Recover onto R

3&4 Turn ½ left step L forward, Turn ½ left step R beside L, Step L beside R

5,6 Rock R forward, Recover onto L

7,8 Turn ½ right step R forward, Step L forward [6:00]

-OUT-OUT, BACK, ROCK BACK, RECOVER, STEP, PIVOT 1/4 RIGHT, CROSS SHUFFLE

&1,2 Step R to right, Step L to left, Step R back

3,4 Rock L back, Recover onto R

5,6 Step L forward, Pivot ¼ right

7&8 Cross L over R, Step R beside L, Cross L over R [9:00]

POINT, HOLD-&-HEEL-&-HEEL-&-POINT, HOLD-&-HEEL-&-HEEL-

1,2 Point R to right, Hold

&3&4 Step R beside L, Tap L heel forward, Step L beside R, Tap R heel forward

&5,6 Step R beside L, Point L to left, Hold

&7&8 Step L beside R, Tap R heel forward, Step R beside L, Tap L heel forward

-&-ROCK FORWARD, RECOVER, SHUFFLE 1/2 RIGHT, STEP, PIVOT 1/4 RIGHT, CROSS SHUFFLE

&1,2 Step L beside R, Rock R forward, Recover onto L

3&4 Turn ¼ right step R to right, Step L beside R, Turn ¼ right step R forward [3:00]

5,6 Step L forward, Pivot ¼ right

7&8 Cross L over R, Step R beside L, Cross L over R [6:00]

POINT, HOLD, & HEEL & HEEL & POINT, HOLD, & HEEL & HEEL-

1,2 Point R to right, Hold

SLOW DOWN (During Wall 3)

&3&4 Step R beside L, Tap L heel forward, Step L beside R, Tap R heel forward

&5,6 Step R beside L, Point L to left, Hold

&7&8 Step L beside R, Tap R heel forward, Step R beside L, Tap L heel forward

CONTINUED OVER

-&-ROCK FORWARD, RECOVER, SHUFFLE 1/2 RIGHT, STEP, PIVOT 1/4 RIGHT, CROSS, ROCK RIGHT-RECOVER

&1,2 Step L beside R, Rock R forward, Recover onto L

3&4 Turn ¼ right step R to right, Step L beside R, Turn ¼ right step R forward [12:00]

5-7 Step L forward, Pivot ¼ right, Cross L over R

8& Rock R to right, Recover onto L [3:00]

64 REPEAT

SLOW DOWN: During Wall 3 the music slows down and fades slightly, keep dancing in time with the music to complete Wall 3. (practice makes perfect)

TAG: End of wall 3 (facing 9:00), add the following:

ROCKING CHAIR, WALK, WALK, WALK, WALK

1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L [7:30]
counts (1-4) are danced on a slight diagonal L towards (7:30)

5,6 Turn ¼ right step R forward, Turn ¼ right step L forward [1:30]

7,8 Turn ¼ right step R forward, Turn 1/8 right step L forward [6:00]
counts 5,6 create a 1/2 walk around

ENDING: Dance ends facing 12:00: Cross/Stomp R over L to finish.

Last Update - 15 Mar. 2022