

# SWEET HEIDI

**Count:** 32. **Wall:** 2. **Level:** Beginner

**Choreographer:** Marie Sørensen (Sunshine Cowgirl) - Dk – Aug 2012

**Music:** Heidi by Kurt Darren (iTunes)

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## **INTRO: 16 count**

### **POINT, HITCH, POINT, HITCH, SIDE, TOUCH, SIDE, TOUCH**

- 1,2 Point R to right, Hitch R up in front of L
- 3,4 Point R to right, Hitch R up in front of L
- 5,6 Step R to right, Touch L beside R
- 7,8 Step L to left, Touch R beside L [12:00]

### **BACK, SWEEP, BACK, SWEEP, ROCK BACK, RECOVER, RUN, RUN, BALL STEP**

- 1,2 Step R back, Sweep L back
- 3,4 Step L back, Sweep R back
- 5,6 Rock R back, Recover onto L
- 7,8& Step R forward, Step L forward, Step R forward [12:00]

### **SUGAR FOOT LEFT, TOGETHER, SUGAR FOOT RIGHT, TOGETHER**

- 1,2 Tap L toe beside R (**Knee in**), Tap L heel beside R (**Knee out**)
- 3,4 Tap L toe beside R (**Knee in**), Step L beside R
- 5,6 Tap R toe beside L (**Knee in**), Tap R heel beside L (**Knee out**)
- 7,8 Tap R toe beside L (**Knee in**), Step R beside L [12:00]

### **JAZZ BOX 1/4 LEFT, TOGETHER, JAZZ BOX 1/4 LEFT, TOUCH**

- 1,2 Cross L over R, Step R back
- 3,4 Turn ¼ left step L forward, Step R beside L
- 5,6 Cross L over R, Step R back
- 7,8 Turn ¼ left step L forward, Touch R beside L [3:00]

### **TAG: 8 count - end of Wall 9, facing 6:00**

**After Wall 8 the music slows down for the next 40 beats, listen, and follow the music.**

### **JAZZ BOX, CROSS, JAZZ BOX, CROSS**

- 1,2 Cross R over L, Step L back
- 3,4 Step R to right, Cross L over R
- 5,6 Cross R over L, Step L back
- 7,8 Step R to right, Cross L over R