

STRONG ENOUGH TO BEND

Count: 32. Wall: 2. Level: Beginner/Intermediate

Choreographer: Trish Davies

Music: Strong Enough To Bend by Tanya Tucker

STEP, PIVOT 1/2, SHUFFLE, STEP, PADDLE, CROSS SHUFFLE

1,2 Step R forward, Pivot ½ left (**weight to L**)
3&4 Step R forward, Step L beside R, Step R forward
5,6 Step L forward, Pivot ¼ right (**weight to R**)
7&8 Cross L over R, Step R beside L, Cross L over R

SIDE, BEHIND, SIDE, CROSS, SIDE

SIDE, BEHIND, SIDE, CROSS, 1/4 LEFT

1,2& Step R to right, Step L behind R, Step R to right
3,4 Cross L over R, Step R to right
5,6& Step L to left, Step R behind L, Step L to left
7,8 Cross R over L, Turn ¼ left step L forward

FORWARD, CLAP, FORWARD, CLAP, COASTER

BACK, CLAP, BACK, CLAP, COASTER

1&2& Step R forward, Clap, Step L forward, Clap
3&4 Step R forward, Step L beside R, Step R back
5&6& Step L back, Clap, Step R back, Clap
7&8 Step L back, Step R beside L, Step L forward

HEEL, HOOK, HEEL, HOOK, STEP, LOCK, STEP

HEEL, HOOK, HEEL, HOOK, STEP, LOCK, STEP

1& Touch R heel forward, Hook R over L
2& Touch R heel forward, Hook R over L
3&4 Step R forward, Lock L behind R, Step R forward
5& Touch L heel forward, Hook L over R
6& Touch L heel forward, Hook L over R
7&8 Step L forward, Lock R behind L, Step L forward

32 REPEAT