

SLEEP, DANCE, REPEAT

Count: 32. Wall: 4. Level: Beginner

Choreographer: DayIn Harvey (GBR) - August 2026

Music: **Everything's Alright** by Azteck, DJ Koko & Kurt D. Album: single

INTRO: 16 count. Weight on L. No Tags, No Restarts.

STEP, TOUCH, BACK, TOUCH, VINE RIGHT, TOUCH

1-4 Step R forward 45° right, Touch L beside R, Step L back 45° left, Touch R beside L

5-8 Step R to right, Step L behind R, Step R to right, Touch L beside R

STEP, TOUCH, BACK, TOUCH, VINE LEFT 1/4, BRUSH

1-4 Step L forward 45° left, Touch R beside L, Step R back 45° right, Touch L beside R

5-8 Step L to left, Step R beside L, Turn ¼ left step L to left, Brush R **[9:00]**

ROCKING CHAIR, STEP, 3 HEEL BOUNCES 1/2 LEFT

1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L

5-8 Step R forward, Bounce Heels three times ½ left **(weight on L)[3:00]**

SIDE, FLICK, SIDE, FLICK, HIP BUMPS BACK, FORWARD, BACK, FORWARD

1-4 Step R to right, Flick L up behind R, Step L to left, Flick R up behind L

5-8 Step R back bumping hips Back, Forward, Back, Forward **[3:00]**

32 REPEAT

ENDING: During Wall 8 dance to count 16 then:

STEP, TURN 1/2 LEFT

Step R forward, Turn ½ left **weight on both feet.**