

SISTER KATE

Count: 32. Wall: 4. Level: Intermediate

Choreographer: Ria Vos (NL)

Music: **Sister Kate** by The Ditty Bops. Album: The Ditty Bops

INTRO: 8 count from first beat

TOE STRUT, TOE STRUT, KICK, BALL, STEP, PIVOT 1/2 RIGHT

1/4 RIGHT STEP SIDE, POINT BACK, KICK, BALL, CROSS

1&2& Step R toe forward, Drop heel to floor, Step L toe forward, Drop heel to floor
(Shimmy Shoulders)

3&4 Kick R forward, Step ball of R beside L, Step L forward

5 Pivot ½ right

6,7 Turn ¼ right long step L left, Point R behind L (OPTION: throw arms left)

8&1 Kick R forward 45° right, Step ball of R beside L, Cross L over R

SIDE, HEEL, TOGETHER, HEEL GRIND, SIDE

ROCK BACK, RECOVER, TOUCH, KNEE SPLIT, KICK, OUT, OUT

&2 Step R slightly to right, Touch L heel to left diagonal

&3& Step L beside R, Heel grind R over L, Step L to left

4,5 Rock R back (sticking bum out), Recover onto L

&6& Touch R beside L, Split knees apart, Bring knees together

7&8 Kick R forward, Step R out to right, Step L out to left (feet shoulder width apart)

SWIVETS, BACK TOE STRUT, BACK TOE STRUT

COASTER BACK, TRIPLE FULL TURN RIGHT

1& Weight on L toe and R heel twist both feet so toes point right, Recover to centre

2& Weight on R toe and L heel twist both feet so toes point left, Recover to centre

3& Step R toe back (OPTION: click fingers right), Drop heel to floor

4& Step L toe back (OPTION: click fingers left), Drop heel to floor

5&6 Step R back, Step L beside R, Step R forward

7&8 Turn ½ right step L back, Turn ½ right step R forward, Step L forward

STEP, PIVOT 1/4 LEFT, STEP, PIVOT 1/4 LEFT, CHARLESTON

1,2 Step R forward, Pivot ¼ left

3,4 Step R forward, Pivot ¼ left

5,6 Touch R toe forward, Step R back

7,8 Touch L toe back, Step L forward

32 REPEAT

TAG: After Wall 1, Wall 3 and Wall 6

CHARLESTON

1-4 Touch R toe forward, Step R back, Touch L toe back, Step L forward

(Tags occur after every vocal part)

ENDING: You will end on Count 16 (Kick-Out-Out)

Turn ¼ left after the kick, so the Out-Out Steps will be facing front [12:00]

Note: Although the music has a Two-step Rhythm, I have chosen to write the steps in half-time.