

# SHUT UP AND DANCE!!!

Count: 48. Wall: 2. Level: Intermediate

Choreographer: Paul Snooke [AUS] June 2015

Music: **Shut Up And Dance** by Walk the Moon. Album: Talking is Hard

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**Dance Sequence: 48,48,40,48,40,48,48,16,48,24**

## **WALK, WALK, SHUFFLE, STEP, PIVOT 1/4 RIGHT, CROSS SHUFFLE**

- 1,2 Step R forward, Step L forward
- 3&4 Step R forward, Step L beside R, Step R forward
- 5,6 Step L forward, Pivot ¼ right
- 7&8 Cross L over R, Ste R to right, Cross L over R [3:00]

## **SIDE, 1/2 LEFT, CROSS SHUFFLE, ROCK FORWARD, RECOVER, BEHIND, SIDE, CROSS**

- 1,2 Step R to right, Turn ½ left step L to left
- 3&4 Cross R over L, Step L to left, Cross R over L [9:00]
- 5,6 Rock L forward to left diagonal, Recover onto R

### **TAG and RESTART: Wall 8: see below**

- 7&8 Step L behind R, Step R to right, Cross L over R [9:00]

## **SIDE, BEHIND &, HEEL, &, BEHIND, &, HEEL, &, CROSS ROCK, RECOVER, 1/4 LEFT**

- 1,2&3 Step R to right, Step L behind R, Step R to right, Touch L heel forward 45° left
- &4& Step L to left, Step R behind L, Step L to left
- 5&6 Touch R heel forward 45° right, Step R to right, Cross Rock L over R
- 7,8 Recover onto R, Turn ¼ left step L forward [6:00]

## **SHUFFLE 1/2 LEFT, SHUFFLE 1/2 LEFT, ROCK FORWARD, RECOVER, 1/2 RIGHT, STEP**

- 1&2 Turn ¼ left step R to right Step L beside R, Turn ¼ left step R back
- 3&4 Turn ¼ left step L to left, Step R beside L, Turn ¼ left step L forward [6:00]
- 5-8 Rock R forward, Recover onto L, Turn ½ right step R forward, Step L forward [12:00]

## **STEP, STOMP, BALL, STEP, SCUFF, ROCK FORWARD, RECOVER, SHUFFLE 1/2 LEFT**

- 1,2& Step R forward, Stomp L beside R (**do not take weight**), Step L back
- 3,4 Step R forward, Scuff L forward
- 5,6 Rock L forward, Recover onto R
- 7&8 Turn ¼ left step L to left, Step R beside L, Turn ¼ left step L forward [6:00]

### **RESTART: Wall 3 and Wall 5**

## **CROSS ROCK, RECOVER, 1/4 RIGHT SHUFFLE, ROCK FORWARD, RECOVER, 1/4 LEFT CHASSE**

- 1,2 Cross Rock R over L, Recover onto L
- 3&4 Turn ¼ right step R forward, Step L beside R, Step R forward [9:00]
- 5,6 Rock L forward, Recover onto R
- 7&8 Turn ¼ left step L to left, Step R beside L, Step L to left [6:00]

## **48 REPEAT**

**RESTART: During Wall 3 and Wall 5, dance to count 40 and restart, you will be facing the back**

**TAG and RESTART: During Wall 8, dance to count 14 add the following tag and restart facing front**

- 7&8 Step L behind R, Turn ¼ right step R forward, Step L forward

**Last Update – 21 October 2015**