

SHANG A LANG

Count: 32. Wall: 4. Level: Beginner ECS

Choreographer: Wodlei Guenther (Jan 2014)

Music: Shang A Lang by Bay City Rollers

CHASSE RIGHT, CROSS ROCK, RECOVER, CHASSE LEFT 1/4, STEP, PIVOT 1/4 LEFT

- 1&2 Step R to right, Step L beside R, Step R to right
- 3,4 Cross Rock L over R, Recover onto R
- 5&6 Step L to left, Step R beside L, Turn ¼ left step L forward
- 7,8 Step R forward, Pivot ¼ left

CROSS SHUFFLE, ROCK LEFT, RECOVER, BEHIND, SIDE, CROSS ROCK RIGHT, RECOVER

- 1&2 Step R to right, Step L beside R, Step R to right
- 3,4 Rock L back, Recover onto R
- 5&6 Step L behind R, Step R to right, Cross L over R
- 7,8 Rock R to right, Recover onto L

CROSS, POINT, CROSS, POINT, ROCK FORWARD, RECOVER, COASTER BACK

- 1,2 Cross R over L, Point L to left
- 3,4 Cross L over R, Point R to right
- 5,6 Rock R forward, Recover onto L
- 7&8 Step R back, Step L beside R, Step R forward

STEP, PIVOT 1/4 RIGHT, CROSS SHUFFLE, SIDE TOE STRUT, CROSS TOE STRUT

- 1,2 Step L forward, Pivot ¼ right
- 3&4 Cross L over R, Step R beside L, Cross L over R
- 5,6 Step R toe to right, Drop heel to floor
- 7,8 Cross L toe over, Drop heel to floor

32 REPEAT

TAG: End of Wall 4

CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER, ROCKING CHAIR

- 1&2 Step R to right, Step L beside R, Step R to right
- 3,4 Rock L back, Recover onto R
- 5&6 Step L to left, Step R beside L, Step L to left
- 7,8 Rock L back, Recover onto R
- 1,2 Rock R forward, Recover onto L
- 3,4 Rock R back, Recover onto L

TAG: End of Wall 9

ROCKING CHAIR

- 1,2 Rock R forward, Recover onto L
- 3,4 Rock R back, Recover onto L