

# SEA SALT SALLY

Count: 96. Wall: 4. Level: Easy Intermediate

Choreographer: by Kate Sala

Music: Sea Salt Sally by Rick Guard. Album: Stop It & Dance

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**INTRO: 32 count, start on vocals.**

**STEP, HOLD, SIDE, HOLD, COASTER BACK, HOLD**

**STEP, LOCK, STEP, HOLD, ROCKING CHAIR**

1-4 Step R forward, Hold, Step L to left, Hold

5-8 Step R back, Step L beside R, Step R forward, Hold

1-4 Step L forward, Lock R behind L, Step L forward, Hold

5-8 Rock R forward, Recover onto L, Rock R back, Recover onto L

**STEP, PIVOT 1/2 LEFT, STEP, HOLD, TRIPLE FULL TURN, HOLD**

1-4 Step R forward, Pivot ½ left, Step R forward, Hold [6:00]

5-8 Turn ½ right step L back, Turn ½ right step R forward, Step L forward, Hold

**Easier option for 5,6,7,8:- Step, Lock, Step, Hold**

**STEP, HOLD, SIDE, HOLD, COASTER BACK, HOLD**

**STEP, LOCK, STEP, HOLD, ROCKING CHAIR**

1-4 Step R forward, Hold, Step L to left, Hold

5-8 Step R back, Step L beside R, Step R forward, Hold

1-4 Step L forward, Lock R behind L, Step L forward, Hold

5-8 Rock R forward, Recover onto L, Rock R back, Recover onto L

**STEP, PIVOT 1/2 LEFT, STEP, HOLD, TRIPLE FULL TURN RIGHT, HOLD**

1-4 Step R forward, Pivot ½ left, Step R forward, Hold [12:00]

5-8 Turn ½ right step L back, Turn ½ right step R forward, Step L forward, Hold

**Easier option for 5-8:- Step, Lock, Step, Hold**

**SIDE TOE STRUT, ROCK BACK, RECOVER, SIDE TOE STRUT, ROCK BACK, RECOVER**

**VINE RIGHT, CROSS, SIDE, HOLD, ROCK BACK, RECOVER**

1-4 Step R toe to right, Drop heel to floor, Rock L back, Recover onto R

5-8 Step L toe to left, Drop heel to floor, Rock R back, Recover onto L

1-4 Step R to right, Step L behind R, Step R to right, Cross L over R

5-8 Step R to right, Hold, Rock L back, Recover onto R

**ROCK LEFT, RECOVER, TOUCH BESIDE, DIG HEEL FORWARD 45° LEFT**

**TOUCH TOE BESIDE, ROCK LEFT, RECOVER, TOGETHER**

1-3 Rock L to left, Recover onto R, Touch L beside R

4,5 Dig L heel forward 45° left, Touch L toe beside R instep

6-8 Rock L to left, Recover onto R, Step L beside R

**COASTER CROSS, HOLD, SCISSOR, HOLD**

1-4 Step R back, Step L beside R, Cross R over L, Hold

5-8 Step L to left, Step R beside L, Cross L over R, Hold

**1/4 LEFT, HOLD, 1/4 LEFT, HOLD, CROSS ROCK, RECOVER, ROCK RIGHT, RECOVER**

1-4 Turn ¼ left step R back, Hold, Turn ¼ left step L to left, Hold.

5-8 Cross Rock R over L, Recover onto L, Rock R to right, Recover onto L

**SAILOR 1/4 RIGHT, HOLD, STEP, PIVOT 1/2, STEP, HOLD**

1-4 Step R behind L, Turn ¼ R step L beside R, Step R forward, Hold

5-8 Step L forward, Pivot ½ right, Step L forward, Hold

**96 REPEAT**