

SAIL WITH ME

Count: 32. **Wall:** 4. **Level:** Beginner

Choreographer: Silvia Schill (DEU) - December 2023

Music: Islands in the Stream by Power Music Workout. Album: Islands in the Stream (Workout Remix)

INTRO: 32 count. Weight on L. One Restart.

BACK, BACK, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT

1,2 Step R back, Step L back

3,4 Rock R back, Recover onto L

5-8 Step R forward, Point L to left, Step L forward, Point R to right

JAZZ BOX 1/4 RIGHT, FORWARD, SIDE, TOUCH/CLAP, SIDE, TOUCH/CLAP

1-4 Cross R over L, Step L back, Turn $\frac{1}{4}$ right step R to right, Step L forward **[3:00]**

5-8 Step R to right, Touch L beside R, Step L to left, Touch R beside

V STEP, ROCKING CHAIR

1-4 Step R forward 45° right, Step L forward 45° left, Step R back to centre, Step L beside R

5-8 Rock R forward, Recover onto L, Rock R back, Recover onto L

VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-4 Step R to right, Step L behind R, Step R to right, Touch L beside R

7-8 Step L to left, Step R behind L, Step L to left, Touch R beside L

32 REPEAT

RESTART: During Wall 5 dance to count 16 and Restart.