

PARALYSED

Count: 64. Wall: 2. Level:

Choreographer: Vicki Hounsow, Newcastle, NSW, Australia

Music: **Paralysed** by Ronnie McDowell. Album: Unchained Melody

INTRO: 16 count. Weight on L. No Tags, No Restarts.

TAP TOE BACK TWICE, TAP HEEL FORWARD TWICE-&-CROSS SIDE, BEHIND, TOGETHER

- 1-4 Tap R toe back twice, Tap R heel forward twice
- & Step R beside L
- 5-8 Cross L over R, Step R to right, Step L behind R, Step R beside L

TAP TOE BACK TWICE, TAP HEEL FORWARD TWICE-&-CROSS SIDE, BEHIND, TOGETHER

- 1-4 Tap L toe back twice, Tap L heel forward twice
- & Step L behind R
- 5-8 Cross R over L, Step L to left, Step R behind L, Step L beside R

HIPS RIGHT, RIGHT, HIPS LEFT, LEFT, HIPS RIGHT, LEFT, RIGHT, LEFT

- 1-4 Rock hips right twice, Rock hips left twice
- 5-8 Rock hips right, left, right, left

SHUFFLE, FORWARD, ROCK, SHUFFLE BACK, BACK, ROCK

- 1&2 Step R forward, Step L beside R, Step R forward
- 3,4 Rock L forward, Recover onto R
- 5&6 Step L back, Step R beside L, Step L back
- 7,8 Rock R back, Recover onto L

KICK, CROSS, KICK, CROSS, KICK, CROSS, KICK, CROSS

- 1,2 Kick R forward 45° right/click fingers, Cross R over L
- 3,4 Kick L forward 45° left/click fingers, Cross L over R
- 5,6 Kick R forward 45° right/click fingers, Cross R over L
- 7,8 Kick L forward 45° left/click fingers, Step L beside R

KICK-BALL-CHANGE, STEP, PIVOT 1/2 LEFT, KICK-BALL-CHANGE, STEP, PIVOT 1/2 LEFT

- 1&2 Kick R forward, Step ball of R beside L, Step L beside R
- 3,4 Step R forward, Pivot ½ left
- 5&6 Kick R forward, Step ball of R beside L, Step L beside R
- 7,8 Step R forward, Pivot ½ left

STEP, KICK-JUMP BACK-TAP BEHIND, HOLD, STEP, KICK-JUMP BACK-TAP BEHIND, HOLD

- 1,2 Step R forward, Kick L forward
- &3,4 Jump L back, Tap R back, Hold
- 5,6 Step R forward, Kick L forward
- &7,8 Jump L back, Tap R back, Hold

VINE RIGHT 1/2, TOGETHER, VINE RIGHT, TOGETHER

- 1-4 Step R to right, Step L behind R, Turn ½ right step onto R, Step L beside R
- 5-8 Step R to right, Step L behind R, Step R to right, Step L beside R **[6:00]**

64 REPEAT