

ONE LESS DAY

Count: 32. Wall: 4. Level: Improver

Choreographer: Tom Glover (AUS) May 2019

Music: One Less Day (Dying Young) by Rob Thomas. Album: Chip Tooth Smile

INTRO: 32 count

ROCK RIGHT, RECOVER, CROSS SHUFFLE, ROCK LEFT, RECOVER, CROSS SHUFFLE

- 1,2 Rock R to right, Recover onto L
- 3&4 Cross R over L, Step L beside R, Cross R over L
- 5,6 Rock L to left, Recover onto R
- 7&8 Cross L over R, Step R beside L, Cross L over R

RESTART: Wall 5 and Wall 7

ROCK RIGHT, 1/4 LEFT SIDE, 1/4 LEFT CHASSE RIGHT, BEHIND, 1/4 RIGHT, STEP, PIVOT 1/2 RIGHT

- 1,2 Rock R to right, Turn ¼ left step L to left
- 3&4 Turn ¼ left step R to right, Step L beside R, Step R to right
- 5,6 Step L behind R, Turn ¼ right step R forward

ENDING: see below

- 7,8 Step L forward, Pivot ½ right

STEP 45° LEFT, TOUCH, STEP 45° RIGHT, TOUCH, ROCK FORWARD, RECOVER, SHUFFLE BACK

- 1,2 Step L forward 45° left, Touch R beside L
- 3,4 Step R forward 45° right, Touch L beside R
- 5,6 Rock L forward, Recover onto R
- 7&8 Step L back, Step R beside L, Step R back

ROCK BACK, RECOVER, KICK-BALL-CHANGE, WALK, WALK, KICK-BALL-CROSS

- 1,2 Rock R back, Recover onto L
- 3&4 Kick R forward, Step ball of R beside L, Step L slightly forward
- 5,6 Step R forward, Step L forward
- 7&8 Kick R forward, Step ball of R beside L, Cross L over R

32 REPEAT

RESTART: During Wall 5 and Wall 7 – Dance the first 8 counts and Restart

First Restart facing 12:00

Second Restart facing 3:00

ENDING: Dance to count 14 then -

STEP, PIVOT 1/4 RIGHT, TOGETHER

Step L forward, Pivot ¼ right, Step L beside R