

# ONE & ONE & ONE

**Count:** 32. **Wall:** 4. **Level:** High Beginner

**Choreographer:** Marie Sørensen (Sunshine Cowgirl) Dk – Nov 2013

**Music:** One & One & One by Adam Harvey. Album: Workin` Overtime (iTunes)

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**INTRO: 32 count - No tags, no restarts!**

## **SWAY RIGHT, SWAY LEFT, SHUFFLE, SWAY LEFT, SWAY RIGHT, SHUFFLE**

1,2 Sway right, Sway left

3&4 Step R forward, Step L beside R, Step R forward

5,6 Sway left, Sway right

7&8 Step L forward, Step R beside L, Step L forward **[12:00]**

## **ROCK FORWARD, RECOVER, CHASSE 1/4 RIGHT, CROSS, BACK, CHASSE LEFT**

1,2 Rock R forward, Recover onto L

3&4 Turn ¼ right step R to right, Step L beside R, Step R to right

5,6 Cross L over R, Step R back

7&8 Step L to left, Step R beside L, Step L to left **[3:00]**

## **CROSS, POINT, CROSS, POINT, CROSS, BACK, COASTER BACK**

1,2 Cross R over L, Point L to left

3,4 Cross L over R, Point R to right

5,6 Cross R over L, Step L back

7&8 Step R back, Step L beside R, Step R forward **[3:00]**

## **STEP, PIVOT 1/2 RIGHT, SHUFFLE, ROCKING CHAIR**

1,2 Step L forward, Pivot ½ right

3&4 Step L forward, Step R beside L, Step L forward

5,6 Rock R forward, Recover onto L

7,8 Rock R back, Recover onto L **[9:00]**

**32 REPEAT**