

ON THE WAVES

Count: 32. **Wall:** 2. **Level:** Beginner

Choreographer: Audrey Watson (Scotland) July 2015

Music: *Walking on the Wave* by Shane Owens - iTunes

INTRO: 22 count. 2 Restarts

Choreographed as a floor split with my Improver dance Walking on the wave

WALK, WALK, KICK, BALL, STEP, ROCK FORWARD, RECOVER, SHUFFLE BACK

1,2 Step R forward, Step L forward

3&4 Kick R forward, Step ball of R beside L, Step L forward

5,6 Rock R forward, Recover onto L

7&8 Step R back, Step L beside R, Step R back

BACK, BACK, COASTER CROSS, ROCK RIGHT, RECOVER, CROSS SHUFFLE

1,2 Step L back, Step R back

3&4 Step L back, Step R beside L, Cross L over R

5,6 Rock R to right, Recover onto L

7&8 Cross R over L, Step L beside R, Cross R over L

ROCK LEFT, RECOVER, SAILOR 1/4 LEFT, STEP, PIVOT 1/4 LEFT, CROSS SHUFFLE

1,2 Rock L to left, Recover onto R

3&4 Turn ¼ left step L behind R, Step R to right, Step L to left

5,6 Step R forward, Pivot ¼ left

RESTART: Wall 4 and Wall 8

7&8 Cross R over L, Step L beside R, Cross R over L

ROCK LEFT, RECOVER, &, SIDE, TOGETHER, ROCKING CHAIR

1,2& Rock L to left, Recover onto R, Step L beside R

3,4 Step R to right, Step L beside R

5,6 Rock R forward, Recover onto L

7,8 Rock R back, Recover onto L

32 REPEAT

RESTARTS: Wall 4 and Wall 8, dance to count 22 and restart dance.

Last Update - 23rd Feb. 2016