

MY VERONICA

Count: 64. Wall: 4. Level: Improver/Lower Intermediate

Choreographer: Peter & Alison, TheDanceFactoryUK, March 2008

Music: Veronica by Barbados

INTRO: 16 count after heavy beat starts... on verse vocals as he sings the word 'raised' in the phrase 'well I raised the highest mountain'

LEFT FORWARD BOX

1-4 Step L to left, Step R beside L, Step L forward, Hold

5-8 Step R to right, Step L beside R, Step R back, Hold

1/4 LEFT FORWARD BOX

1-4 Turn ¼ left step L to left, Step R beside L, Step L forward, Hold

5-8 Step R to right, Step L beside R, Step R back, Hold **[9:00]**

SIDE, TOGETHER, 1/4 LEFT, HOLD, STEP, PIVOT 1/2 LEFT, STEP, HOLD

1-4 Step L to left, Step R beside L, Turn ¼ left step L forward, Hold

5-8 Step R forward, Pivot ½ left, Step R forward, Hold **[12:00]**

TRIPLE FULL TURN RIGHT, HOLD, TRIPLE FULL TURN LEFT, HOLD

1-4 Turn ½ right step L back, Turn ½ right step R forward, Step L forward, Hold

Easier option: Step L forward, Step R together, Step L forward, Hold

ENDING

5-8 Turn ½ left step R back, Turn ½ left step L forward, Step R forward

Easier option: Step R forward, Step L together, Step R forward, Hold [12:00]

1/4 RIGHT ROCK LEFT, RECOVER, CROSS, HOLD (OR CROSS TOE STRUT), VINE RIGHT CROSS

1-4 Turn ¼ right rock L to left, Recover onto R, Cross L over R, Hold **(or cross toe strut on counts 3-4)**

5-8 Step R to right, Step L behind R, Step R to right, Cross L over R **[3:00]**

SIDE, ROCK BACK, RECOVER, SIDE, ROCK BACK, RECOVER, FORWARD, HOLD

1-4 Step R to right, Rock L back, Recover onto R, Step L to left

5-8 Rock R back, Recover onto L, Step R forward, Hold **[3:00]**

STEP, PIVOT 1/2, STEP, HOLD, ROCK RIGHT, RECOVER, TOGETHER, HEEL FORWARD

1-4 Step L forward, Pivot ½ right, Step L forward, Hold

5-8 Rock R to right, Recover onto L, Step R beside L, Touch L heel forward **[9:00]**

ROCK LEFT, RECOVER, TOGETHER, HOLD, MONTEREY 1/2

1-4 Rock L to left, Recover onto R, Step L beside R, Hold

5-8 Touch R toes to right, Turn ½ right step R together, Touch L toes to left, Touch L beside R **[3:00]**

64 REPEAT

EASY ENDING: Dance finishes facing front wall. The last pattern will start facing front wall.

Dance as far as counts 25-28: the full right turning triple & hold (or easier option R forward triple)