

MY PEOPLE

Count: 32. Wall: 4. Level: Improver

Choreographer: Lauren Lindley (USA) - November 2025

Music: My People by James Johnston. Album: My People - single

INTRO: 16 count. Weight on L. Three Tags, Two Restarts.

VINE RIGHT, TOUCH, POINT, POINT FORWARD, POINT, FLICK

1-4 Step R to right, Step L behind R, Step R to right, Touch L beside R

5-8 Point L to left, Point L forward over R, Point L to left, Flick L behind R

VINE LEFT, TOUCH, POINT, POINT FORWARD, POINT, FLICK

1-4 Step L to left, Step R behind L, Step L to left, Touch R beside L

5-8 Point R to right, Point R forward over L, Point R to right, Flick R behind L

RESTARTS: Wall 4 and Wall 10

K STEP 1/4 RIGHT

1-4 Step R forward 45° right, Touch L beside R, Step L back 45° left, Touch R beside L

5-8 Turn ¼ right step R to right, Touch L beside R, Step L to left, Touch R beside L **[3:00]**

BRUSH, CROSS, UNCROSS, BACK, BACK, ROCK, WALK, WALK

1-4 Brush R forward, Cross Brush R over L, Cross Brush R over L, Brush R back

5-8 Rock R back, Recover onto L, Step R forward, Step L forward **[3:00]**

OPTION: 1-4 - Brush Up, Touch – Heel, Hook, Heel, Touch

OPTION: 7,8 - Full turn left – Turn ½ left step R back, Turn ½ left step L forward

32 REPEAT

TAGS:

End of Wall 3 (facing 9:00) and Wall 7 (facing 6:00):

STOMP, STOMP, 2 HIP BUMPS

1-4 Stomp R beside L, Stomp L beside R, Bump hips right, left

End of Wall 11 (facing 6:00):

STOMP, STOMP, 4 HIP BUMPS

1-6 Stomp R beside L, Stomp L beside R, Bump hips right, left, right, left

RESTARTS:

During Wall 4 dance to count 16 and Restart facing 9:00

During Wall 10 dance to count 16 and Restart facing 12:00.

Last Update: 14 November 2025