

MY HEART KNOWS

Count: 32. Wall: 4. Level: Absolute Beginner

Choreographer: Heather Barton (SCO) - March 2024

Music: My Heart Won't Let You Leave My Mind by Jake Mathews. Album: Time After Time

INTRO: Start immediately on ..."heart". Weight on L. One Restart.

CHASSE RIGHT, ROCK BACK, RECOVER, SIDE, CROSS/TOUCH, SIDE, CROSS/TOUCH

1&2 Step R to right, Step L beside R, Step R to right

3,4 Rock L back, Recover onto R

5,6 Step L to left, Cross/Touch R over L

7,8 Step R to right, Cross/Touch L over R

CHASSE LEFT, ROCK BACK, RECOVER, TOE STRUT, TOE STRUT

1&2 Step L to left, Step R beside L, Step L to left

3,4 Rock R back, Recover onto L

5,6 Touch R toe forward, Drop heel to floor (**weight on R**)

7,8 Touch L toe forward, Drop heel to floor (**weight on L**)

ROCKING CHAIR, JAZZBOX 1/4 RIGHT, FORWARD

1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L

5-8 Cross R over L, Turn $\frac{1}{8}$ right step L back, Turn $\frac{1}{8}$ right step R to right, Step L forward **[3:00]**

RESTART: Wall 7

CHARLESTON with KICK, CHARLESTON with KICK

1-4 Step R forward, Kick L forward, Step L back, Touch R back

5-8 Step R forward, Kick L forward, Step L back, Touch R back **[3:00]**

32 REPEAT

RESTART: During Wall 7 dance to count 24 and Restart facing 9:00