

# MILARROCHY BAY

**Count:** 32. **Wall:** 4. **Level:** Beginner

**Choreographer:** Bob Francis (GBR) - December 2025

**Music:** Milarrochy Bay by Nathan Evans & SAINT PHNX. Album: Milarrochy Bay - single

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**INTRO: 32 count. Weight on L. No Tags, No Restarts.**

## **STEP, TOUCH, BACK, HOOK, STEP, LOCK, STEP, SCUFF**

1-4 Step R forward, Touch L beside R, Step L back, Hook R over L **[Snap fingers]**

5-8 Step R forward, Lock L behind R, Step R forward, Scuff L

## **STEP, TOUCH, BACK, HOOK, STEP, LOCK, STEP, SCUFF**

1-4 Step L forward, Touch R beside L, Step R back, Hook L over R **[Snap fingers]**

5-8 Step L forward, Lock R behind L, Step L forward, Scuff R

## **STEP, PIVOT 1/2 LEFT, STEP, SCUFF, 1/4 SIDE, ROCK, CROSS, SCUFF**

1-4 Step R forward, Pivot  $\frac{1}{2}$  left, Step L forward, Scuff R

5-8 Turn  $\frac{1}{4}$  right rock L to left, Recover onto R, Cross L over R, Scuff R

## **RHUMBA BOX BACK with touch and scuff**

1-4 Step R to right, Step L beside R, Step R back, Touch L beside R

5-8 Step L to left, Step R beside L, Step L forward, Scuff R **[9:00]**

**32 REPEAT**