

LORD HELP ME

Count: 32. **Wall:** 4. **Level:** Improver

Choreographer: Marie Sørensen (Sunshine Cowgirl) - Dk – April 2014

Music: Lord Help Me Be The Kind Of Person by The Bellamy Brothers. Album: Jesus Is Coming [iTunes]

INTRO: 16 count - No Tags, No Restarts

RHUMBA BOX FORWARD, WALK, WALK, COASTER CROSS

- 1&2 Step L to left, Step R beside L, Step L forward
- 3&4 Step R to right, Step L beside R, Step R back
- 5,6 Step L back, Step R back
- 7&8 Step L back, Step R beside L, Cross L over R [12:00]

STOMP-SWIVEL-SWIVEL, BEHIND-SIDE-CROSS, POINT-TOUCH-POINT, BEHIND-SIDE-CROSS

- 1&2 Stomp R forward, Swivel R heel to right, Swivel R heel to center (**weight on L**)
- 3&4 Step R behind L, Step L to left, Cross R over L
- 5&6 Point L to left, Touch L beside R, Point L to left
- 7&8 Step L behind R, Step R to right, Cross L over R [12:00]

SIDE, BEHIND, 1/4 RIGHT SHUFFLE, STEP, PIVOT 3/4 RIGHT, CHASSE LEFT

- 1,2 Step R to right, Step L behind R
- 3&4 Turn ¼ right step R forward, Step L beside R, Step R forward [3:00]
- 5,6 Step L forward, Pivot ¾ right (**weight on R**)
- 7&8 Step L to left, Step R beside L, Step L to left [12:00]

ROCK BACK, RECOVER, Modified MONTEREY 1/4 RIGHT, ROCK BACK, RECOVER, KICK-BALL-CROSS

- 1,2 Rock R back, Recover onto L
- 3&4 Point R to right, Turn ¼ right step R beside L, Point L to left
- 5,6 Rock L back, Recover onto R
- 7&8 Kick L forward, Step ball of L beside R, Cross R over L [3:00]

32 REPEAT