

# LONG TIME GONE

Count: 64. Wall: 4. Level: Improver

Choreographer: Pat Stott (UK) Aug 2013

Music: Long Time Gone by Nathan Carter

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**INTRO: 21 secs - Start on vocals**

**Restart/Tag: There is one Restart during Wall 2 and a Tag after Wall 4**

**SIDE STRUT, ROCK BACK, RECOVER, SIDE STRUT, ROCK BACK, RECOVER**

1-4 Step R toe to right, Drop heel to floor, Rock L back, Recover onto R

**ENDING: see below**

5-8 Step L toe to left, Drop heel to floor, Rock R back, Recover onto L

**STYLING: Let arms naturally swing back on the rock back, recover**

**VINE RIGHT 1/4, HITCH 1/4 RIGHT, VINE LEFT, HITCH**

1,2 Step R to right, Turn ¼ right step L behind R

3,4 Turn ¼ right step R to right, Hitch L

5-7 Step L to left, Step R behind L, Step L to left [6:00]

8 Hitch R **angling body to left diagonal**

**CROSS ROCK, RECOVER, FORWARD, HITCH**

**CROSS ROCK, RECOVER, FORWARD, HITCH**

1-3 Cross Rock R over L, Recover onto L, Step R forward

4 Hitch L **turning towards right diagonal**

5-7 Cross Rock L over R, Recover onto R, Step L forward

8 Hitch R **squaring up to wall [6:00]**

**STEP, HITCH 1/4 LEFT, STEP, HITCH 1/2 LEFT, RUN, RUN, RUN, RUN**

1,2 Step R beside L, Hitch L turning ¼ left

3,4 Step L beside R, Hitch R turning ½ left [9:00]

5-8 Step R forward, Step L forward, Step R forward, Step L forward

**(slightly bending knees then coming up again during the run)**

**ROCK FORWARD, RECOVER, ROCK RIGHT, RECOVER, ROCK BACK, RECOVER, STEP, HOLD**

1-4 Rock R forward, Recover onto L, Rock R to right, Recover onto L

5-8 Rock R back, Recover onto L, Step R forward, Hold

**STEP, PIVOT 1/2 RIGHT, STEP, HOLD, STEP, PIVOT 1/2 LEFT, STEP, HOLD**

1-4 Step L forward, Pivot ½ right, Step L forward, Hold and Clap

5-8 Step R forward, Pivot ½ left, Step R forward, Hold and Clap

**RUMBA BOX WITH HITCH**

1-4 Step L to left, Step R beside L, Step L forward, Hold

5-8 Step R to right, Step L beside R, Step R back, Hitch L

**COASTER BACK, HOLD, ROCKING CHAIR**

1-4 Step L back, Step R beside L, Step L forward, Hold

**RESTART: Wall 2**

5-8 Rock R forward, Recover onto L, Rock R back, Recover onto L

**64 REPEAT**

**TAG: End of Wall 4: ROCKING CHAIR**

1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L

**ENDING: Dance to count 4 then - Step L to left, Arms out and Pose.**

**NOTE: Dance goes in and out of phrasing after Wall 5 but just dance through.  
Also hitches can be danced with a little hop on supporting foot, Cajun skip style!**