

LIQUID LUNCH

Count: 64. Wall: 2. Level: Intermediate

Choreographer: Peter Metelnick & Alison Biggs, TheDanceFactoryUK, (May 2013)

Music: Liquid Lunch by Caro Emerald

INTRO: 32 count, when beat kicks in on verse [112bpm – 3mins 59secs]

WALK, WALK, R & L APART & HEEL BOUNCE, HEEL JACK, CROSS, SIDE

1,2 Step R forward, Step L forward

&3&4 Step R & L apart, Raise both heels off floor, Drop heels down (**weight on L**)

5&6& Cross R over L, Step L back, Touch R heel forward, Step R back

7,8 Cross L over R, Step R to right

1/4 LEFT COASTER, CHARLESTON, COASTER BACK, BALL, STEP, BALL, STEP

1&2 Sweeping L front to back turn ¼ left step L back, Step R beside L, Step L forward [9:00]

3,4 Touch R forward, Step R back

5&6 Step L back, Step R beside L, Step L forward

&7&8 Step R behind L, Step L forward, Step R behind L, Step L forward

STEP, PIVOT 1/2 LEFT, STEP, PIVOT 1/4 LEFT, CROSS ROCK, RECOVER, TOUCH SIDE, TOGETHER, TOUCH SIDE, TOGETHER, STEP

1-4 Step R forward, Pivot ½ left, Step R forward, Pivot ¼ left [12:00]

5&6& Cross Rock R over L, Recover onto L, Touch R to right, Step R beside L

7&8 Touch L to left, Step L beside R, Step R forward

ROCK FORWARD, RECOVER, BACK, TOUCH BESIDE, STEP, STEP, PIVOT 1/2 RIGHT, SHUFFLE

1,2& Rock L forward, Recover onto R, Step L back

3-6 Touch R beside L, Step R forward, Step L forward, Pivot ½ right [6:00]

7&8 Step L forward, Step R beside L, Step L forward

ROCK RIGHT, RECOVER, TOGETHER, ROCK LEFT, RECOVER, 1/2 LEFT COASTER, STEP, PIVOT 1/2 LEFT

1,2& Rock R to right, Recover onto L, Step R beside L

3,4 Rock L to left, Recover onto R

5&6 Turning ½ left sweep L front to back stepping L back, Step R beside L, Step L forward

7,8 Step R forward, Pivot ½ left [6:00]

RESTART: Wall 2 & Wall 4 (facing front wall)

STEP, HOLD, TOGETHER, STEP, TOUCH FORWARD, TOUCH BACK, 1/2 LEFT, 1/2 LEFT, 1/4 LEFT

1,2& Step R forward, Hold, Step L beside R

3-6 Step R forward, Touch L forward, Touch L back, Turn ½ left (**weight on L**) [12:00]

7,8 Turning ½ left step R back, Turning ¼ left step L to left [3:00]

Easier option 6-8: With weight on L turn ¼ left, Cross R over L, Step L to left

CROSS SAMBA, CROSS SAMBA, CROSS, 1/4 RIGHT BACK, BACK, CROSS SHUFFLE

1&2 Cross R over L, Rock L to left, Recover onto R

3&4 Cross L over R, Rock R to right, Recover onto L

5,6 Cross R over L, Turn ¼ right step L back [6:00]

&7&8 Step R back, Cross L over R, Step R to right, Cross L over R (**look toward R diagonal**)

R DIAGONAL: STEP, KICK, BACK, BEHIND, SIDE

L DIAGONAL: STEP, KICK, COASTER BACK [SQUARING TO BACK WALL]

1-3 **On right diagonal [7:00]**, Step R forward, Kick L forward, Step L back

4& Step R behind, Step L to left (**squaring to back wall**)

5,6 **Toward left diagonal [5:00]** Step R forward, Kick L forward

7&8 Step L back, Step R beside L (**squaring to back wall**), Step L forward [6:00]

64 REPEAT