

# IRISH STEW

Count: 32. Wall: 4. Level: Beginner/Intermediate

Choreographer: Lois Lightfoot

Music: Irish Stew by Sham Rock

---

## **SIDE SWITCHES, CLAP, CLAP, HEEL SWITCHES FORWARD, CLAP, CLAP**

- 1& Touch R toe to right, Step R beside L
- 2& Touch L toe to left, Step L beside R
- 3&4 Touch R toe to right, Clap, Clap
- 5& Touch R heel forward, Step R beside L
- 6& Touch L heel forward, Step L beside R
- 7&8 Touch R heel forward, Clap, Clap

## **SHUFFLE, ROCK FORWARD, RECOVER, COASTER BACK, STEP, PIVOT 1/2 LEFT**

- 1&2 Step R forward, Step L beside R, Step R forward
- 3,4 Rock L forward, Recover onto R
- 5&6 Step L back, Step R beside L, Step L forward
- 7,8 Step R forward, Pivot ½ left (**weight to L**)

## **CROSS ROCK, RECOVER, CHASSE RIGHT, CROSS ROCK, RECOVER, CHASSE LEFT**

- 1,2 Cross Rock R over L, Recover onto L
- 3&4 Step R to right, Step L beside R, Step R to right
- 5,6 Cross Rock L over R, Recover onto R
- 7&8 Step L to left, Step R beside L, Step L to left

## **TOE FORWARD, SIDE, SAILOR, TOE FORWARD, SIDE, SAILOR 1/4 LEFT**

- 1,2 Touch R toe forward, Touch R toe to right
- 3&4 Step R behind L, Step L to left, Step R to right
- 5,6 Touch L toe forward, Touch L toe to left
- 7&8 Step L behind R, Turn ¼ left step R to right, Step L to left

**32 REPEAT**