

IRISH POLKA

Count: 36. Wall: 2. Level: Easy Intermediate

Choreographer: Derek Robinson (UK), March 2013

Music: **Back To Tourmakeady** by Nathan Carter. CD: Wagon Wheel, (95 bpm)

NOTE: There are two extra counts added to sections 2 and 4 to bridge gaps in the slightly unusual structure of the music.

INTRO: 18 count. Start on lyrics.

SHUFFLE, HITCH 1/4 RIGHT, SHUFFLE, HITCH, ROCKING CHAIR

STEP, PIVOT 1/4 LEFT, STEP

1&2& Step R forward, Step L beside R, Step R forward, Hitch L turning ¼ right [3:00]

3&4& Step L forward, Step R beside L, Step L forward, Hitch R

5&6& Rock R forward, Recover onto L, Rock R back, Recover onto L

7&8 Step R forward, Pivot ¼ left, Step R forward [12:00]

SIDE, ROCK BACK, RECOVER, SIDE, ROCK BACK, RECOVER

ROCK FORWARD, RECOVER, ROCK LEFT, RECOVER, ROCK BACK, RECOVER

STEP, STEP, PIVOT 1/4 LEFT

1,2& Step L to left, Rock R back behind L, Recover onto L

3,4& Step R to right, Rock L back behind R, Recover onto R

5&6& Rock L forward, Recover onto R, Rock L to left, Recover onto R

7&8 Rock L back, Recover onto R, Step L forward

9,10 Step R forward, Pivot ¼ left [9:00]

BEHIND, SIDE, CROSS, HITCH, BEHIND, SIDE, CROSS, HITCH

BACK, HITCH, BACK, HITCH, COASTER BACK

1&2& Step R behind L, Step L to left, Cross R over L, Hitch L

3&4& Step L behind R, Step R to right, Cross L over R, Hitch R

5&6& Step R back, Hitch L, Step L back, Hitch R

7&8 Step R back, Step L beside R, Step R forward

STEP, CLAP, STEP, CLAP, STEP, CLAP, STEP, CLAP

STEP, PIVOT 1/4 RIGHT, STEP, STEP, PIVOT 1/2 LEFT, STEP

ROCK LEFT, RECOVER, TOGETHER

1&2& Step L forward, Clap, Step R forward, Clap

3&4& Step L forward, Clap, Step R forward, Clap

5&6 Step L forward, Pivot ¼ right, Step L forward [12:00]

7&8 Step R forward, Pivot ½ left, Step R forward [6:00]

9&10 Rock L to left, Recover onto R, Step L beside R

36 REPEAT

TAG: End of Wall 4, 10 count

SHUFFLE 1/4 RIGHT, HITCH, SHUFFLE 1/4 RIGHT, HITCH, SHUFFLE 1/4 RIGHT, HITCH,

SHUFFLE 1/4 RIGHT, HITCH, ROCK BACK, RECOVER

1&2& Shuffle ¼ right, Hitch L [3:00]

3&4& Shuffle ¼ right, Hitch R [6:00]

5&6& Shuffle ¼ right, Hitch L [9:00]

7&8& Shuffle ¼ right, Hitch R [12:00]

9,10 Rock R back, Recover onto L