

IN OUT AND IN BETWEEN

Count: 64. Wall: 2. Level: Easy Intermediate

Choreographer: Kate Damgaard (DK) - May 2021

Music: **The Cowboy Rides Away** by Ronnie Dunn. Album: Re-Dunn

INTRO: 32 count

WALK, WALK, ROCK FORWARD, RECOVER, BACK, BACK, ROCK BACK, RECOVER

1-4 Step R forward, Step L forward, Rock R forward, Recover onto L

5-8 Step R back, Step L back, Rock R back, Recover onto L

STEP, TAP, BACK, HOOK, STEP, TAP, BACK, TOUCH

1-4 Step R forward, Tap L behind R, Step L back, Hook R over L

5-8 Step R forward, Tap L behind R, Step L back, Touch R beside L

SIDE, TOUCH, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS, SIDE

1-4 Step R to right, Touch beside R, Step L to left, Cross Rock R over L

5-8 Recover onto L, Step R to right, Cross L over R, Step R to right (**count 8 starts figure 8**)

FIGURE 8, CROSS

1-4 Step L behind R, Turn $\frac{1}{4}$ right step R forward, Step L forward, Pivot $\frac{1}{2}$ right

5-8 Turn $\frac{1}{4}$ right step L to left, Step R behind L, Step L to left, Cross R over L [**12:00**]

RESTART: Wall 3. On count 8 replace the Cross with a Touch

ROCK LEFT, RECOVER 1/4 RIGHT, ROCK LEFT, RECOVER,

CROSS, SIDE, ROCK BACK, RECOVER

1-4 Rock L to left, Recover $\frac{1}{4}$ right onto R, Rock L to left, Recover onto R

5-8 Cross L over R, Step R to right, Rock L back, Recover onto R [**3:00**]

STEP, BRUSH, STEP, BRUSH, JAZZBOX 1/4 LEFT, BRUSH

1-4 Step L forward, Brush R, Step R forward, Brush L

5-8 Cross L over R, Step R back, Turn $\frac{1}{4}$ left step L to left, Brush R [**12:00**]

MAMBO 1/2 RIGHT, STEP, STEP 45° RIGHT, TOUCH, BACK 45° LEFT, CROSS

1-4 Rock R forward, Recover onto L Turn $\frac{1}{2}$ right step R forward, Step L forward

5-8 Step R forward, Touch L beside R, Step L back, Cross R over L [**6:00**]

BACK, BACK, CROSS, BACK, COASTER BACK, BRUSH

1-4 Step L back, Step R back, Cross L over R, Step R back

5-8 Step L back, Step R beside L, Step L forward, Brush R [**6:00**]

64 REPEAT

RESTART: During Wall 3, dance to count 31 then Touch R beside L and restart.