

ICE CREAM FREEZE

Count: 48. Wall: 0. Level: Beginner Contra

Choreographer: Maryloo (April 2012) France

Music: Ice Cream Freeze (Let's Chill) by Hanna Montana (Vol .3 – Original Soundtrack)

INTRO: 24 count

The dancers are placed in front of each other, along two lines or in circle

HEEL, HEEL, BEHIND, SIDE, CROSS, HEEL, HEEL, BEHIND, SIDE, CROSS

- 1,2 Touch R heel to right (**twice**)
- 3&4 Step R behind L, Step L to left, Cross R over L
- 5,6 Touch L heel to left (**twice**)
- 7&8 Step L behind R, Step R to right, Cross L over R

SHUFFLE, SHUFFLE, PUDDLE TURN 1/2 LEFT

- 1&2 Step R forward, Step L beside R, Step R forward
 - 3&4 Step L forward, Step R beside L, Step L forward
 - 5&6&7&8 Touch R to right, Hitch R turn 1/8 left on L (repeat 4 X) (**weight on L**)
- You are now on other side of line

HEEL, HEEL, BEHIND, SIDE, CROSS, HEEL, HEEL, BEHIND, SIDE, CROSS

- 1,2 Touch R heel to right (**twice**)
- 3&4 Step R behind L, Step L to left, Cross R over L
- 5,6 Touch L heel to left (**twice**)
- 7&8 Step L behind R, Step R to right, Cross L over R

SHUFFLE, SHUFFLE, MAMBO RIGHT, MAMBO LEFT

- 1&2 Step R forward, Step L beside, Step R forward
- 3&4 Step L forward, Step R beside L, Step L forward
- 5&6 Rock right to side, recover on left, step right together
- 7&8 Rock left to side, recover on right, step left together

You are now back where you started, back to back with your partner

JUMP (TOGETHER-OUT-CROSS), UNWIND 1/2 LEFT, WALK, WALK, WALK, WALK

- 1&2 Jump up (**feet together**), Jump out (**feet apart**), Jump R across L
- 3,4 Unwind 1/2 left (**weight on L**)
- 5-8 Step R forward, Step L forward, Step R forward, Step L forward

You are now face to face with your partner

JUMP (TOGETHER-OUT-CROSS), UNWIND 1/2 LEFT, WALK, WALK, WALK, 1/2 LEFT

- 1&2 Jump up (**feet together**), Jump out (**feet apart**), Jump R across L

Option: When you make the jumps, you can:

- 1 :Clap your hands
- & :Clap both hands of your partner in front of you
- 2 :Clap the right hand of your partner in front of you

- 3,4 Unwind 1/2 left (**weight on L**)
- 5-7 Step R forward, Step L forward, Step R forward
- 8 Pivot 1/2 left step L beside R

You are now in front of your partner

VARIANT: This dance can be danced in circle; in the last section, by walking forward you move slightly towards the left to change partner