

# ICE CREAM FREEZE

**Count:** 64. **Wall:** 4. **Level:** Intermediate

**Choreographer:** Celia Stevens (NZ) – March 2010

**Music:** Ice Cream Freeze by Miley Cyrus. Album: Best of Hannah Montana

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**INTRO: 24 count. Weight on both feet. Sequence: AB BBA BBA B to the end of music**

## Part A

### **HEEL SPLIT, HEEL, TOGETHER, HEEL SPLIT, HEEL, SHUFFLE BACK, COASTER BACK**

1&2& Turn heels out, Bring heels together, Touch R heel forward, Step R beside L

3&4 Turn heels out, Bring heels together, Touch L heel forward

5&6 Step L back, Step R beside L, Step L back

7&8 Step R back, Step L beside R, Step R forward

### **SHUFFLE, STOMP-HEEL SPLIT, TOE-HEEL-CROSS, TOE-HEEL-CROSS**

1&2 Step L forward, Step R beside L, Step L forward

3&4 Step R slightly forward over L, Turn heels out, Bring heels together (**weight on R**)

5&6 Touch L toe beside R, Touch L heel beside R, Cross L over R

7&8 Touch R toe beside L, Touch R heel beside L, Cross R over L

### **STEP,-PIVOT 1/2 RIGHT-STEP, KICK-BALL-CROSS, KICK-BALL-CROSS, SIDE, BRUSH/SWEEP**

1&2 Step L forward, Pivot ½ right, Step L forward **[6:00]**

3&4 Kick R forward, Step ball of R beside L, Cross L over R

5&6 Kick R forward, Step ball of R beside L, Cross L over R

7,8 Step R to right, Brush L beside R sweeping L out to left

### **SAILOR, SAILOR 1/4 LEFT, CROSS SAMBA, SAILOR 1/4 LEFT**

1&2 Turn ¼ left step L behind R, Step R to right, Step L beside R **[3:00]**

3&4 Step R behind L, Step L beside R, Step R forward

5&5 Cross L over R, Step R to right, Step L to left

7&8 Step R behind L, Turn ¼ left step L beside R, Step R forward **[12:00]**

### **CROSS SHUFFLE, LARGE SIDE-DRAG/TOGETHER, SWIVELLEFT: HEEL-TOE-HEEL, SWIVEL RIGHT: HEEL-TOE-HEEL**

1&2 Cross L over R, Step R beside L, Cross L over R

3,4 Large step R to right, Step L beside R (**feet together**)

5&6 Twist heels left, Twist toes left, Twist heels left

7&8 Twist heels right, Twist toes right, Twist heels right (**weight on R**)

### **SAILOR 1/4 LEFT, SHUFFLE, JAZZ BOX 1/2 LEFT, TOGETHER**

1&2 Step L behind R, Turn ¼ left step R beside L, Step L forward **[9:00]**

3&4 Step R forward, Step L beside R, Step R forward

5-8 Cross L over R, Step R back, Turn ½ left step L forward, Step R beside L **[3:00]**

## Part B

### **CHASSE LEFT, BACK, ROCK, HEEL FORWARD, SIDE, TOUCH/SHIMMEY, SIDE, TOUCH/SHIMMEY**

1&2 Step L to left, Step R beside L, Step L to left

3&4 Rock R back, Recover onto L, Touch R heel forward 45° (make a pose)

5,6 Step R to right, Touch L heel beside R while shimmering shoulders

7,8 Step L to left, Touch R heel beside L while shimmering shoulders

**CONTINUED OVER**

**CHASSE RIGHT 1/4 LEFT, LARGE SIDE, TOUCH, LARGE SIDE, TOUCH,  
TOUCH, PIVOT 1/4 RIGHT, TOUCH, PIVOT 1/4 RIGHT**

1&2 Step R to right, Step L beside R, Turn 1/4 left step R back [12:00]

3,4 Large step L to left, Touch R beside L

**(option swing right hand down across in front of body and up, click fingers)**

5,6 Large step R to right, Touch L beside R

**(option swing right hand down across in front of body and up, click fingers)**

7& Touch L forward, Pivot 1/4 right [3:00]

8& Touch L forward, Pivot 1/4 right [6:00]

**For counts 7&8& push your hands in the air as you turn like the song says.**

**ALSO NOTE: when you start Part A again Touch R beside L ready for heel splits.**