

I SHOWED YOU THE DOOR

Count: 64. Wall: 4. Level: Intermediate

Choreographer: Ria Vos (NL) - January 2024

Music: The Door by Teddy Swims. Album: I've Tried Everything But Therapy (Part 1)

INTRO: 32 count. Weight on L. One Restart.

HEEL GRIND, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, CHASSE RIGHT

1-4 Grind R heel over L, Step L to left, Step R behind L, Step L to left

5,6 Cross Rock R over L, Recover onto L

7&8 Step R to right, Step L beside R, Step R to right

CROSS, 1/4 LEFT, ROCK BACK, RECOVER, 1/2 RIGHT, 1/2 RIGHT, STEP, SCUFF

1,2 Cross L over R, Turn $\frac{1}{4}$ left step R back [9:00]

3,4 Rock L back, Recover onto R

5,6 Turn $\frac{1}{2}$ right step L back, Turn $\frac{1}{2}$ right step R forward

7,8 Step L forward, Scuff R

JAZZ BOX 1/4 RIGHT, CROSS, KICK, BEHIND, SIDE, CROSS

1-4 Cross R over L, Turn $\frac{1}{4}$ right step L back, Step R to right, Cross L over R [12:00]

5-8 Kick R forward 45° right, Step R behind L, Step L to left, Cross R over L

TOGETHER, SWIVEL LEFT(HEEL, TOES), HITCH, SIDE, HITCH 1/2 LEFT, SIDE, SCUFF

1-4 Step L beside R, Swivel heels left, Swivel toes left, Hitch R

5-8 Step R to right, Hitch L turning $\frac{1}{2}$ left, Step L to left, Scuff R [6:00]

RESTART: Wall 2

1/8 LEFT STEP, LOCK, STEP-LOCK-STEP, ROCK FORWARD, RECOVER, BACK, 1/4 LEFT, POINT

1,2 Turn $\frac{1}{8}$ left step R forward, Lock L behind R [4:30]

3&4 Step R forward, Lock L behind R, Step R forward

5,6 Rock L forward, Recover onto R

7,8 Step L back (**dip down**) turning $\frac{1}{4}$ left, Point R to right (**come up**) [1:30]

HIP BUMPS R-L, 1/4 RIGHT, HITCH 1/2 RIGHT, BACK, DRAG, ROCK BACK, RECOVER

1,2 Bump hips right, Bump hips left

3,4 Turn $\frac{1}{4}$ right step R forward, Hitch L into $\frac{1}{2}$ Turn R [10:30]

5-8 Step L back, Drag R toward L, Rock R back, Recover onto L

ROCK FORWARD, RECOVER, 1/2 LEFT, ROCK BACK, RECOVER, 1/2 LEFT, ROCKING CHAIR

1,2 Rock R toe forward with hip bump, Recover onto L, Turn $\frac{1}{2}$ left step R back [4:30]

3,4 Rock L toe back with hip bump, Recover onto R, Turn $\frac{1}{2}$ left step L forward [10:30]

5-8 Rock R forward, Recover onto L, Rock R back, Recover onto L

1/8 LEFT, SIDE, BEHIND, 1/4 RIGHT, STEP, PIVOT 1/2 RIGHT, STEP, 1/2 LEFT, 1/4 LEFT

1,2 Turn $\frac{1}{8}$ left step R to right, Step L behind R [9:00]

3,4 Turn $\frac{1}{4}$ right step R forward, Step L forward [12:00]

5,6 Pivot $\frac{1}{2}$ right, Step L forward [6:00]

7,8 Turn $\frac{1}{2}$ left step R back, $\frac{1}{4}$ Turn $\frac{1}{4}$ left step to left [9:00]

64 REPEAT

RESTART: During Wall 2 dance to count 32 and Restart facing 3:00