

# I RUN TO YOU

Count: 64. Wall: 2. Level: Intermediate

Choreographer: Rachael McEnaney (UK) (June 2010)

Music: I Run To You – Lady Antebellum. Album: Need You Now (approx 114bpm)

---

**START: 32 counts from start of track – dance begins on vocals**

## **SHUFFLE, ROCK LEFT, RECOVER, SHUFFLE, 1/4 LEFT BACK, SIDE**

1&2 **Angle body to 10.30** Step R forward, Step L beside R, Step R forward  
3,4 **Angle body to 12.00** Rock L to left, Recover onto R  
5&6 **Angle body to 1.30** Step L forward, Step R beside L, Step L forward  
7,8 Turn ¼ left step R back, Step L to left **[9:00]**

## **SYNCOPATED WEAVE, SIDE, HOLD, BALL, ROCK LEFT, RECOVER**

1,2,3&4 Cross R over L, Step L to left, Step R behind L, Step L to left, Cross R over L **[9:00]**  
5,6&7,8 Step L to left, Hold, Step ball of R beside L, Rock L to left, Recover onto R **[9:00]**

## **SHUFFLE, ROCK RIGHT, RECOVER, SHUFFLE, 1/4 RIGHT BACK, SIDE**

1&2 **Angle body to 10.30** Step L forward, Step R beside L, Step L forward  
3,4 **Angle body to 9.00** Rock R to right, Recover onto L  
5&6 **Angle body to 7.30** Step R forward, Step L beside R, Step R forward  
7,8 Turn ¼ right step L back, Step R to right **[12:00]**

## **SYNCOPATED WEAVE, BIG SIDE STEP, HOLD/DRAW, COASTER BACK**

1,2,3&4 Cross L over R, Step R to right, Step L behind R, Step R to right, Cross L over R **[12:00]**  
5,6 Big step R to right, Hold dragging L towards R **[12:00]**  
7&8 Step L back, Step R beside L, Step L forward **[12:00]**

## **SHUFFLE, STEP, PIVOT 1/2, FULL TURN RIGHT TRAVELLING FORWARD (OR 2 WALKS), ROCK FORWARD, RECOVER**

1&2 Step R forward, Step L beside R, Step R forward  
3,4 Step L forward, Pivot ½ right (**weight on R**) **[6:00]**  
5,6 Turn ½ right step L back, Turn ½ right step R forward **[6:00]**  
**Easy option: Walk forward right, left**  
7,8 Rock L forward, Recover onto R **[6:00]**

## **COASTER CROSS, ROCK RIGHT, RECOVER, SAILOR, SAILOR**

1&2 Step L back, Step R beside L, Cross L over R  
3,4 Rock R to right, Recover onto L **[6:00]**  
5&6 Step R behind L, Step L to left, Step R beside L **[6:00]**  
7&8 Step L behind R, Step R to right, Step L beside R **[6:00]**

## **CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, 1/4 LEFT, 1/2 LEFT, 1/4 LEFT**

1,2,3 Cross Rock R over L, Recover onto L, Step R to right **[6:00]**  
4,5,6 Cross Rock L over R, Recover onto R, Turn ¼ left step L forward **[3:00]**  
7,8 Turn ½ left step R back, Turn ¼ left step L to left **[6:00]**

## **CROSS ROCK, RECOVER, CHASSE RIGHT, CROSS, SIDE, SAILOR**

1, 2 Cross Rock R over L, Recover onto L  
3&4 Step R to right, Step L beside R, Step R to right **[6:00]**  
5,6 Cross L over R, Step R to right **[6:00]**  
7&8 Step L behind R, Step R to right, Step L beside R **[6:00]**  
**End with body angled to 4.30 (facing back wall) ready to start again.**

**64 REPEAT, HAVE FUN!**