

# HEIDI

Count: 64. Wall: 2. Level: Easy Intermediate

Choreographer: Audrey Watson (Scotland) Feb 2013

Music: Heidi by Kurt Darren

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## INTRO: 16 count: Start on Main Vocals

### ROCK BACK, RECOVER, WALK, WALK, KICK, BALL, POINT, KICK, BALL, POINT

- 1,2 Rock R back, Recover onto L
- 3,4 Step R forward, Step L forward
- 5&6 Kick R forward, Step ball of R beside L, Point L toe to left
- 7&8 Kick L forward, Step ball of L beside R, Point R toe to right

### BEHIND, SIDE, CROSS SHUFFLE, ROCK LEFT, RECOVER, SAILOR 1/4 LEFT

- 1,2 Step R behind L, Step L to left
- 3&4 Cross R over L, Step L to left, Cross R over L
- 5,6 Rock L to left, Recover onto R
- 7&8 Turn ¼ left step L behind R, Step R to right, Step L to left

### ROCK FORWARD, RECOVER, SHUFFLE BACK, SLIDE, SLIDE, COASTER CROSS

- 1,2 Rock R forward, Recover onto L
- 3&4 Step R back, Step L beside R, Step R back
- 5,6 Slide L back, Slide R back
- 7&8 Step L back, Step R beside L, Cross L over R

### SIDE, TOGETHER, CHASSE RIGHT, CROSS ROCK, RECOVER, CHASSE 1/4 LEFT

- 1,2 Step R to right, Step L beside R
- 3&4 Step R to right, Step L beside R, Step R to right
- 5,6 Cross Rock L over R, Recover onto R
- 7&8 Step L to left, Step R beside L, Turn ¼ left step L forward

### KICK, BALL, POINT, KICK, BALL, POINT, BEHIND, UNWIND 1/2 RIGHT, FULL TURN

- 1&2 Kick R forward, Step ball of R beside L, Point L to left
- 3&4 Kick L forward, Step ball of L beside R, Point R to right
- 5,6 Step R behind L, Unwind ½ right (**weight on R**)
- 7,8 Turn ½ right step L back, Turn ½ right step R forward

**OPTION: Count 7,8 can be replaced by Step L forward, Step R forward  
OR Step L forward, Hold.**

**RESTART: Wall 5**

### JAZZ BOX, CROSS, SIDE, BEHIND, 1/4 LEFT, 1/4 LEFT

- 1-4 Cross L over R, Step R back, Step L to left, Cross R over L
- 5-8 Step L to left, Step R behind L, Turn ¼ left step L forward, Turn ¼ left step R to right

### ROCK BACK, RECOVER, KICK, BALL, CROSS, SIDE, HOLD, &, SIDE, TOUCH

- 1,2 Rock L back, Recover onto R
- 3&4 Kick L forward, Step ball of L beside R, Cross R over L
- 5,6 Step L to left, Hold
- &7,8 Step R beside L, Step L to left, Touch R beside L

### ROCK BACK, RECOVER, KICK, BALL, CROSS, SIDE, HOLD, &, SIDE, HOLD

- 1,2 Rock R back, Recover onto L
- 3&4 Kick R forward, Step ball of R beside L, Cross L over R
- 5,6 Step R to right, Hold
- &7,8 Step L beside R, Step R to right, **Transfer weight to L**

**64 REPEAT**

**At the end of Wall 4 the music slows down, you will be dancing in slow motion, just keep to the beat until it comes back up to speed.**

**Last Revision - 11th February 2013**