

GIDDY UP GET DOWN EZ

Count: 32. **Wall:** 2. **Level:** Beginner

Choreographer: Leane Mullens (AUS) - February 2026

Music: Giddy Up by Twinnie. Album: Giddy Up - EP

INTRO: 7 count. Start on "ONCE". Weight on L. One Tag.

HEEL DIG, HEEL DIG, BEHIND-SIDE-CROSS, HEEL DIG, HEEL DIG, BEHIND-SIDE-FORWARD

1,2 Touch (dig) R heel forward 45° right, Touch (dig) R heel forward 45° right

3&4 Step R behind L, Step L to left, Cross R over L

5,6 Touch (dig) L heel forward 45° left, Touch (dig) L heel forward 45° left

7&8 Step L behind R, Step R to right, Step L forward

STEP, PIVOT 1/4 LEFT, CROSS SHUFFLE, SIDE, ROCK, CROSS SHUFFLE

1,2 Step R forward, Pivot ¼ left

3&4 Cross R over L, Step L to left, Cross R over L

5,6 Rock L to left, Recover onto R

7&8 Cross L over R, Step R to right, Cross L over R **[9:00]**

POINT-&-POINT-&-POINT-&-POINT, JAZZBOX 1/4 LEFT, TOUCH

1&2& Point R to right, Step R beside L, Point L to left, Step L beside R

3&4 Point R to right, Step R beside L, Point L to left

5-8 Cross L over R, Turn ⅛ left step R back, Turn ⅛ left step L to left, Touch R beside L **[6:00]**

V STEP, STEP, PIVOT 1/2 LEFT, STEP, PIVOT 1/2 LEFT

1-4 Step R forward 45° right, Step L forward 45° left, Step R back to centre, Step L beside R

5-8 Step R forward, Pivot ½ left, Step R forward, Pivot ½ left **[6:00]**

OPTION: 5-8 - 4 x ¼ pivots and a lasso action with your arm OR Rocking Chair

32 REPEAT

TAG: End of Wall 4 facing 12:00

V STEP

1-4 Step R forward 45° right, Step L forward 45° left, Step R back to centre, Step L beside R

ENDING: End of Wall 11 - Step, Pivot ½ LEFT, Stomp, Stomp, Clap

Last Update: 23 February 2026