

FEEL THE BEAT

Count: 32. Wall: 4. Level: Beginner

Choreographer: Chris Watson - March 2017

Music: **Feel The Beat** by Ashleigh Dallas. Album: Lighthouse – iTunes

INTRO: 32 count.

STOMP, HEEL BOUNCE X 3, ROCKING CHAIR

1-4 Stomp R forward, Bounce heels 3 times taking weight onto R

5-8 Rock L forward, Recover onto R, Rock L back, Recover onto R

WALK, WALK, WALK, KICK, (ON DIAGONAL) BACK, TOUCH BACK, TOUCH

1-4 Step L forward, Step R forward, Step L forward, Kick R forward, while clapping hands

5-8 Step R back 45° right, Touch L beside R/Clap, Step L back 45° left, Touch R beside L/Clap

VINE RIGHT, TOUCH, VINE 1/4 LEFT, SCUFF

1-4 Step R to right, Step L behind R, Step R to right, Touch L beside R

5-8 Step L to left, Step R behind L, Turn ¼ left step L forward, Scuff R forward **[9:00]**

ROCKING CHAIR, STEP, PIVOT 1/2 LEFT, STEP, PIVOT 1/2 LEFT

1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L

5-8 Step R forward, Pivot ½ left, Step R forward, Pivot ½ left

32 REPEAT

TAG: End of Wall 10:00 facing 6:00

ROCKING CHAIR, STEP, PIVOT 1/2 LEFT, STEP, PIVOT 1/2 LEFT

1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L

5-8 Step R forward, Pivot ½ left, Step R forward, Pivot ½ left

ENDING: End of the dance add an extra STEP, PIVOT 1/2 LEFT to bring you to the front.