

EAST TO WEST 17

Count: 32. Wall: 4. Level: Improver

Choreographer: Alison Johnstone (Nuline) & Simon Ward (Aus) Jan 2017

Music: Play That Song by Train. Album: A Girl A Bottle A Boat (4 mins 3 Sec) iTunes

INTRO: 36 count start on heavy beat "Hey Mr. Dj". Counter Clockwise

CROSS ROCK, RECOVER, BALL, CROSS, SIDE, BEHIND, &, CROSS, &, ROCK BACK, RECOVER

1,2& Cross Rock R over L, Recover onto L, Step ball of R beside L

3,4 Cross L over R, Step R to right

5&6& Step L behind R, Step R to right, Cross L over R, Step R to right

7,8 Rock L back, Recover onto R [12:00]

1/4 RIGHT, 1/4 RIGHT, CROSS SHUFFLE, WALK, WALK 1/8 LEFT, SHUFFLE 3/8 LEFT, BALL

1,2 Turn 1/4 right step L back, Turn 1/4 right step R to right [6:00]

3&4 Cross L over R, Step R to right, Cross L over R

5,6 Step R forward, Turn 1/8 left step L forward [4:30]

7&8 Turn 1/8 left step R forward, Turn 1/8 left step L beside R, Turn 1/8 left step R forward

& Step ball of L beside R [12:00]

Counts 5-8 make a nice big 1/2 left arc

RESTART: Wall 2 facing 9.00 and Wall 6 facing 12.00

ROCK FORWARD, RECOVER, BACK, LOCK, BACK, ROCK BACK, RECOVER, 1/2 RIGHT SHUFFLE

1,2 Rock R forward, Recover onto L

3&4 Step R back, Cross L over R, Step R back

5,6 Rock L back, Recover onto R

7&8 Turn 1/2 right step L back, Step R beside L, Step L back [6:00]

1/4 RIGHT, CROSS, VAUDEVILLE, ROCK LEFT, RECOVER, SAILOR

1,2 Turn 1/4 right step R to right, Cross L over R [9:00]

&3&4 Small step R to right, Tap L heel forward 45° left, Step L beside R, Cross R over L

5,6 Rock L to left, Recover onto R

7&8 Step L behind R, Step R to right, Step L to left

32 REPEAT

RESTARTS: Wall 2 facing 9:00, Wall 6 facing 12:00. Both after count 16&

ENDING: You will be facing 6.00. Turn SAILOR 1/2 LEFT to face 12.00. CROSS R OVER L splaying arms to side and smile

Last Update - 23 Jan 2017

Thank you to Simon's auntie and my bestie (Jan Chong) for the music suggestion.

We called the dance EAST TO WEST as Simon lives on the East Coast of Australia and Alison lives on the West Coast of Australia!

We hope you enjoy our dance