

# EAST TO WEST

Count: 96. Wall: 2. Level: Easy(ish) Intermediate

Choreographer: Larry Hayden (March 2006)

Music: **From Coast to Coast** by Modern Talking (America – the 10<sup>th</sup> Album)

---

## **SIDE, TOGETHER, SHUFFLE 1/4 RIGHT, STEP, PIVOT 1/2 RIGHT, SHUFFLE**

- 1,2 Step R to right, Step L beside R
- 3&4 Step R to right, Step L beside R, Turn ¼ right step R forward
- 5,6 Step L forward, Pivot ½ right
- 7&8 Step L forward, Step R beside L, Step L forward

## **ROCK RIGHT, RECOVER, CROSS, ROCK LEFT, RECOVER, CROSS (TRAVEL SLIGHTLY FORWARD), JAZZ BOX, CROSS**

- 1&2 Rock R to right, Recover onto L, Cross R over L
- 3&4 Rock L to left, Recover onto R, Cross L over R
- 5-8 Cross R over L, Step L back, Step R to right, Cross L over R

## **BACK, SIDE, COASTER BACK, ROCK FORWARD, RECOVER, SHUFFLE 1/2 LEFT**

- 1,2 Step R back, Step L to left
- 3&4 Step R back, Step L beside R, Step L forward
- 5,6 Rock L forward, Recover on R
- 7&8 Turn ¼ left step L to left, Step R beside L, Turn ¼ left step L forward

## **1/4 LEFT ROCK RIGHT, RECOVER, CROSS SHUFFLE, 1/4 RIGHT, 1/4 RIGHT, CROSS SHUFFLE**

- 1,2 Turn ¼ left on ball of L and rock R to right, Recover onto L
- 3&4 Cross R over L, Step L to left, Cross R over L
- 5,6 Turn ¼ right step L back, Turn ¼ right step R to right
- 7&8 Cross L over R, Step R to right, Cross L over R

## **MONTEREY 1/2 RIGHT, MONTEREY 1/2 RIGHT**

- 1-4 Point R to right, Turn ½ right step R beside L, Point L to left, Step L beside R
- 5-8 Point R to right, Turn ½ right step R beside L, Point L to left, Step L beside R

## **KICK, BALL STEP, STEP, TOUCH BEHIND, KICK, BALL, STEP, STEP, TOUCH BEHIND**

- 1&2 Kick R forward, Step ball of R beside L, Step L forward
- 3,4 Step R forward, Touch L behind R
- 5&6 Kick L forward, Step ball of L beside R, Step R forward
- 7,8 Step L forward, Touch R behind L

## **ROCK FORWARD, RECOVER, SHUFFLE 1/2 RIGHT, SHUFFLE 1/2 RIGHT, ROCK BACK, RECOVER**

- 1,2 Rock R forward, Recover onto L
  - 3&4 Turn ¼ right step R to right, Step L beside R, Turn ¼ right step R forward
  - 5&6 Turn ¼ right step L to left, Step R beside L, Turn ¼ right step L back
- (OPTION: Counts 3&4, 5&6, Shuffle back, Shuffle back)**
- 7,8 Rock R back, Recover onto L

## **CROSS, SIDE, SAILOR WITH A DIG, TOGETHER, CROSS, SIDE, SAILOR WITH A DIG, TOGETHER**

- 1,2 Cross R over L, Step L to left
- 3&4& Step R behind L, Step L to left, Dig R heel forward, Step R beside L
- 5,6 Cross L over R, Step R to right
- 7&8& Step L behind R, Step R to right, Dig L heel forward, Step L beside R

CONTINUED OVER

**CROSS ROCK, RECOVER, CHASSE RIGHT, CROSS ROCK, RECOVER, SAILOR 1/2 LEFT**

1,2 Cross Rock R over L, Recover onto L

3&4 Step R to right, Step L beside R, Step R to right

5,6 Cross Rock L over R, Recover onto R

7&8 Turn ¼ left step L behind R, Step R beside L, Turn ¼ left step L beside R

**CROSS ROCK, RECOVER, CHASSE RIGHT, CROSS ROCK, RECOVER, SAILOR 1/2 LEFT**

1,2 Cross Rock R over L, Recover onto L

3&4 Step R to right, Step L beside R, Step R to right

5,6 Cross Rock L over R, Recover onto R

7&8 Turn ¼ left step L behind R, Step R beside L, Turn ¼ left step L beside R

**CHASSE RIGHT, ROCK BACK, RECOVER, KICK, BALL, CROSS, KICK, BALL, CROSS**

1&2 Step R to right, Step L beside R, Step R to right

3,4 Rock L back, Recover onto R

5&6 Kick L forward, Step ball of L beside R, Cross R over L

7&8 Kick L forward, Step ball of L beside R, Cross R over L

**CHASSE LEFT, ROCK BACK, RECOVER, KICK, BALL, CROSS, KICK, BALL, CROSS**

1&2 Step L to left, Step R beside L, Step L to left

3,4 Rock R back, Recover onto L

5&6 Kick R forward, Step ball of R beside L, Cross L over R

7&8 Kick R forward, Step ball of R beside L, Cross L over R

**96 REPEAT**