

DOWN ON YOUR UPPERS

Count: 32. Wall: 4. Level: Beginner

Choreographer: Gary O'Reilly (IRE) - September 2017

Music: Down On Your Uppers by Derek Ryan. Album: The Fire (Deluxe)

INTRO: 32 count from lyrics. Weight on Both feet, No Tags, No Restarts.

TWIST, TWIST, HEEL, HOOK, STEP, TOUCH, BACK, TOUCH

- 1-4 Twist heels right, Twist heels to center, Dig R heel forward, Hook R across L
- 5-8 Step R forward slightly 45° right, Touch L beside R
- 7,8 Step L back slightly 45° left, Touch R beside L

VINE RIGHT, TOUCH, VINE 1/4 LEFT, BRUSH

- 1-4 Step R to right, Step L behind R, Step R to right, Touch L beside R
- 8 Step L to left, Step R behind L, Turn ¼ left step L forward, Brush R **[9:00]**

ROCKING CHAIR, HEEL STRUT, HEEL STRUT

- 1-4 Rock R forward, Recover onto L, Rock R back, Recover onto L
- 5-8 Touch R heel forward, Drop toe to floor, Touch L heel forward, Drop toe to floor

STOMP, SWIVEL HEEL/TOE/HEEL, STOMP, SWIVEL HEEL/TOE/STOMP

- 1,2 Stomp R slightly forward 45° right, Swivel L heel in towards R
- 3,4 Swivel L toe in towards R, Swivel L heel in towards R **(weight on R)**
- 5,6 Stomp L slightly forward 45° left, Swivel R heel in towards L
- 7,8 Swivel R toe in towards L, Stomp R beside L **[9:00]**

32 REPEAT