

# DANCE OUR WAY

**Count:** 64. **Wall:** 2. **Level:** Beginner/Intermediate

**Choreographer:** Peter Heath (AUS) & Liz Heath (AUS) March 2007

**Music:** *The Old Fashioned Way* by Helen Reddy. Album: Long Hard Climb

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**INTRO: Start on vocals. Weight on L. No Tags, No Restarts.**

**SIDE, KICK ACROSS, SIDE, KICK ACROSS, SIDE, CROSS, SIDE, TOUCH**

1-4 Step R to right, Kick L over R, Step L to left, Kick R over L

5-8 Step R to right, Cross L over R, Step R to right, Touch L beside R

**SIDE, KICK ACROSS, SIDE, KICK ACROSS, SIDE, CROSS, SIDE, TOUCH**

1-4 Step L to left, Kick R over L, Step R to right, Kick L over R

5-8 Step L to left, Cross R over L, Step L to left, Touch R beside L

**SCISSOR, HOLD, SCISSOR, HOLD**

1-4 Step R to right, Step L beside R, Cross R over L, Hold

5-8 Step L to left, Step R beside L, Cross L over R, Hold

**VINE RIGHT, 1/4 LEFT, DRAW/TOUCH(3 count)**

1-4 Step R to right, Step L behind R, Step R to right, Cross L over R

**ENDING: Wall 7 - see below**

5-8 Turn ¼ left step R back, Draw/Touch L beside R over 3 count **[9:00]**

**1/8 LEFT FOXTROT DIAMOND TURN**

1-4 Turning ⅛ left step L forward, Hold, Turn ⅛ left step R to right, Turn ⅛ left step L back **[4:30]**

5-8 Step R back, Hold, Turn ⅛ left step L to left, Cross R over L turning ⅛ left **[10:30]**

1-4 Step L forward, Hold, Turn ⅛ left step R to right, Turn ⅛ left step L back **[11:30]**

5-8 Step R back, Hold, Turn ⅛ left step L to left, Cross R over L turning ⅛ left **[9:00]**

**(This will finish facing 1/8 left of original direction)**

**FOXTROT 1/8 LEFT, BACK, HOLD, TOGETHER, HOLD**

1-4 Step L forward, Hold, Turn 1/8 left step R to right, Step L beside R

5-8 Step R back, Hold, Step L beside R, Hold **[7:30]**

**FORWARD, TOGETHER, BACK, TOGETHER, SIDE, BUMP, HOLD, BUMP, HOLD**

1-4 Step R forward, Step L beside R, Step R back, Step L beside R

5-8 Step R to right bump hips right, Hold, Bump hips left, Hold **[6:00]**

**64 REPEAT**

**ENDING: Wall 7**

**SIDE, DRAW**

29-32 Step R to right, Draw L to R over 3 count

Choreographer's Note: We tried to get the mixture of Ballroom and Showgirl styles of dance that the music inspires. It can also be danced as a facing couples dance without interference with singles. We hope you like it.