

# CAN'T STOP ME NOW

Count: 64. Wall: 2. Level: Intermediate

Choreographer: Mark Guichard (GBR) & Shelly Guichard (GBR) - April 2013

Music: **Can't Stop Me Now** by Rod Stewart. Album: Time

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**INTRO: 16 count. Start after "Oh Yeah". Weight on L. Three Tags.**

## **CROSS ROCK, RECOVER, CHASSE 1/4 RIGHT, STEP, PIVOT 1/4 RIGHT, CROSS SHUFFLE**

- 1,2 Cross Rock R over L, Recover onto L
- 3&4 Turn ¼ right step R forward, Step L beside R, Step R forward
- 5,6 Step L forward, Pivot ¼ right
- 7&8 Cross L over R, Step R beside L, Cross L over R **[6:00]**

## **ROCK RIGHT, RECOVER, BEHIND, 1/4 LEFT, STEP, STEP, TAP BEHIND, BACK-LOCK-BACK**

- 1,2 Rock R to Right, Recover onto L
- 3&4 Step R behind L, Turn ¼ left step L forward, Step R forward
- 5,6 Step L forward, Tap R toe behind L
- 7&8 Step R back, Lock L over R, Step R back **[3:00]**

## **SHUFFLE 1/2 LEFT, STEP, PIVOT 1/2 LEFT, ROCK FORWARD, RECOVER, BEHIND-SIDE-CROSS**

- 1&2 Turn ¼ left step L to left, Step R beside L, Turn ¼ left step L forward
- 3,4 Step R forward, Pivot ½ left
- 5,6 Rock R forward, Recover onto L
- 7&8 Step R behind L, Small Step L to left, Cross R over L **[3:00]**

## **ROCK LEFT, RECOVER, SAILOR 1/2 CROSS, ROCK RIGHT, RECOVER-&ROCK 1/4 RIGHT, RECOVER**

- 1,2 Rock L to left, Recover onto R
- 3&4 Turn ½ left step L beside R, Step R beside L, Cross L over R
- 5,6 Rock R to right, Recover onto L
- &7,8 Step ball of R beside L, Rock L to left turning ¼ right, Recover onto R **[12:00]**

## **1/2 RIGHT, 1/2 RIGHT, SHUFFLE, ROCK FORWARD, RECOVER-&ROCK FORWARD, RECOVER**

- 1,2 Turn ½ right Step L back, Turn ½ right step R forward (**travel forward**)
- (OPTION: WALK, WALK)**
- 3&4 Step L forward, Step R beside L, Step L forward
- 5,6 Rock R forward, Recover onto L
- &7,8 Step R beside L, Rock L forward, Recover onto R **[12:00]**

## **BACK-LOCK-BACK, BACK, HOOK, STEP, POINT, CROSS, UNWIND 1/2 LEFT**

- 1&2 Step L back, Lock R over L, Step L back
- 3,4 Step R back, Hook L in front of R
- 5,6 Step L forward, Point R to right
- 7,8 Cross R over L, Unwind ½ left (**Weight on R**) **[6:00]**

**RESTART: Wall 2**

## **ROCK LEFT, RECOVER, SHUFFLE, STEP, PIVOT 1/2 LEFT, STEP, HOLD**

- 1,2 Rock L to left, Recover onto R
- 3&4 Step L forward, Step R beside L, Step L forward
- 5-8 Step R forward, Pivot ½ left, Step R forward, Hold **[12:00]**

CONTINUED OVER

**ROCK FORWARD, RECOVER, COASTER BACK, STEP, PIVOT 1/2 LEFT, WALK, WALK**

- 1,2 Rock L forward, Recover onto R
- 3&4 Step L back, Step R beside L, Step L forward
- 5,6 Step R forward, Pivot ½ left
- 7,8 Step R forward, Step L forward **[6:00]**

**64 REPEAT**

**TAGS: End Of Wall 1, Wall 3 and Wall 5**

**CROSS ROCK, RECOVER, ROCK RIGHT, RECOVER**

- 1-4 Cross Rock R over L, Recover onto L, Rock R to right, Recover onto L

**End of Wall 5 - Do Tag twice**

**RESTART: During Wall 2 dance to count 48 and Restart. Weight must be on L.**