

BEAUTIFUL SUNDAY

Count: 0. Wall: 1. Level: Phrased Beginner

Choreographer: Martina Lau (HKG) - June 2009

Music: Beautiful Sunday by Daniel Boone. Album: Single

INTRO: 16 count. Weight on L. Sequence: AAB AA BB B'

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Part A

STEP, KICK, BACK, TOUCH, SHUFFLE, STEP, PIVOT 1/2 RIGHT

1-4 Step R forward, Kick L forward, Step L back, Touch R toe back

5&6 Step R forward, Step L beside R, Step R forward

7,8 Step L forward, Pivot 1/2 right

STEP, KICK, BACK, TOUCH, SHUFFLE, STEP, PIVOT 1/2 LEFT

1-4 Step L forward, Kick R forward, Step R back, Touch L toe back

5&6 Step L forward, Step R beside L, Step L forward

7,8 Step R forward, Pivot 1/2 left

STEP, 1/4 RIGHT, SCUFF/CLAP, STEP 1/4 RIGHT, SCUFF/CLAP,

STEP, 1/4 RIGHT, SCUFF/CLAP, STEP 1/4 RIGHT, SCUFF/CLAP

1,2 Step R forward on ball of R turning 1/4 right, Scuff L/Clap

3,4 Step L forward on ball of L turning 1/4 right, Scuff R/Clap

5,6 Step R forward on ball of R turning 1/4 right, Scuff L/Clap

7,8 Step L forward on ball of L turning 1/4 right, Scuff R/Clap

JAZZ BOX, KICK, JAZZ BOX, KICK

1-4 Cross R over L, Step L back, Step R to right, Kick L forward

5-8 Cross L over R, Step R back, Step L to left, Kick R forward

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Part B

TOE STRUT, TOE STRUT, TOE STRUT, STEP, PIVOT 1/4 RIGHT

1,2 Step R toe forward, Drop heel to floor (**Roll R shoulder back at the same time**)

3,4 Step L toe forward, Drop heel to floor (**Roll L shoulder back at the same time**)

5,6 Step R toe forward, Drop heel to floor (**Roll R shoulder back at the same time**)

7,8 Step L forward, Pivot 1/4 right

CROSS, POINT, CROSS, POINT, BACK, POINT, ROCK BACK, RECOVER

1-4 Cross L over R, Point R to right, Cross R over L, Point L to left

5-8 Step L behind R, Point R to right, Rock R back, Recover onto L

REPEAT Part B 3 more times, making a total of 64 counts for Part B

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Part B' - Only 16 count

TOE STRUT, TOE STRUT, TOE STRUT, ROCK LEFT, RECOVER

1,2 Step R toe forward, Drop heel to floor (**Roll R shoulder back at the same time**)

3,4 Step L toe forward, Drop heel to floor (**Roll L shoulder back at the same time**)

5,6 Step R toe forward, Drop heel to floor (**Roll R shoulder back at the same time**)

7,8 Rock L to left, Recover onto R

CROSS, POINT, CROSS, POINT, BACK, POINT, ROCK BACK, RECOVER

1-4 Cross L over R, Point R to right, Cross R over L, Point L to left

5-8 Step L behind R, Point R to right, Rock R back, Recover onto L