

AT YOUR WORST!

Count: 32. **Wall:** 4. **Level:** Improver

Choreographer: Colin Ghys (BEL) - October 2023

Music: **At Your Worst** by Calum Scott. Album: At Your Worst - single

INTRO: 4 count on vocals. Weight on L. No Tags, No Restarts.

SIDE, TOGETHER, SHUFFLE, SIDE, TOGETHER, SHUFFLE BACK

- 1,2 Step R to right, Step L beside R
- 3&4 Step R forward, Step L beside R, Step R forward
- 5,6 Step L to left, Step R beside L
- 7&8 Step L back, Step R beside L, Step L back

ROCK BACK, RECOVER, SHUFFLE 1/2 LEFT, ROCK BACK, RECOVER, 1/2 RIGHT, 1/2 RIGHT

- 1,2 Rock R back, Recover onto L
- 3&4 Turn $\frac{1}{4}$ left step R to right, Step L beside R, Turn $\frac{1}{4}$ left step R back **[6:00]**
- 5,6 Rock L back, Recover onto R
- 7,8 Turn $\frac{1}{2}$ right step L back, Turn $\frac{1}{2}$ right step R forward

ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, 2 PRISSY WALKS

- 1,2 Rock L forward, Recover onto R
- 3&4 Step L back, Step R beside L, Step L back
- 5,6 Rock R back, Recover onto L
- 7,8 Step R forward slightly over L, Step L forward slightly over R

FIGURE 8 VINE

- 1,2 Step R to right, Step L behind R
- 3,4 Turn $\frac{1}{4}$ right step R to right, Step L forward **[9:00]**
- 5,6 Pivot $\frac{1}{2}$ right, Turn $\frac{1}{4}$ right step L to left **[6:00]**
- 7,8 Step R behind L, Turn $\frac{1}{4}$ left step L forward **[3:00]**

32 REPEAT

ENDING: End of the last wall

STEP, PIVOT 1/2 LEFT

- 1,2 Step R forward, Pivot $\frac{1}{2}$ left **[12:00]**