

@ THE HOP!

Count: 48. Wall: 4. Level: Improver

Choreographer: Carmel Hutchinson (USA)

Music: At the Hop by Danny & The Juniors. Album: At The Hop - single

INTRO: 32 count. Weight on L. No Tags, No Restarts.

1/4 LEFT, BEHIND, 1/4 RIGHT, HOLD, 1/4 RIGHT, BEHIND, 1/4 LEFT, HOLD

1-4 Turn $\frac{1}{4}$ left step R to right, Step L behind R, Turn $\frac{1}{4}$ right step R forward, Hold

5-8 Turn $\frac{1}{4}$ right step L to left, Step R behind L, Turn $\frac{1}{4}$ left step L forward, Hold

STEP, PIVOT 1/2 LEFT, STEP, HOLD, RUN, RUN, RUN, HOLD

1-4 Step R forward, Pivot $\frac{1}{2}$ left, Step R forward, Hold

5-8 Step L forward, Step R forward, Step L forward, Hold

1/4 LEFT, BEHIND, 1/4 RIGHT, HOLD, 1/4 RIGHT, BEHIND, 1/4 LEFT, HOLD

1-4 Turn $\frac{1}{4}$ left step R to right, Step L behind R, Turn $\frac{1}{4}$ right step R forward, Hold

5-8 Turn $\frac{1}{4}$ right step L to left, Step R behind L, Turn $\frac{1}{4}$ left step L forward, Hold

STEP, PIVOT 1/2 LEFT, STEP, HOLD, RUN, RUN, RUN, HOLD

1-4 Step R forward, Pivot $\frac{1}{2}$ left, Step R forward, Hold

5-8 Step L forward, Step R forward, Step L forward, Hold

STEP, HOLD, 1/2 RIGHT, HOLD, 1/2 RIGHT, HOLD, 1/4 RIGHT, HOLD

1-4 Step R forward, Hold, Turn $\frac{1}{2}$ right step L back, Hold

5-8 Turn $\frac{1}{2}$ right step R forward, Hold, Turn $\frac{1}{4}$ right step L to left, Hold

TOE STRUT, TOE STRUT, TOE STRUT, TOE STRUT

1-4 Touch R toe forward, Drop heel to floor, Touch L toe forward, Drop heel to floor

5-8 Touch R toe forward, Drop heel to floor, Touch L toe forward, Drop heel to floor

48 REPEAT