

ALL SHOOK UP

Count: 0. Wall: 1. Level: Advanced

Choreographer: Naomi Fleetwood-Pyle (USA)

Music: All Shook Up by Billy Joel. Album: My Lives

INTRO: 16 count. SEQUENCE: A, B, A, B, C, C, A, B, C until end of music

PART A:

SHUFFLE, SHUFFLE, VINE LEFT, TOUCH

1&2 Step L forward, Step R beside L,, Step L forward

3&4 Step R forward, Step L beside R, Step L forward

5-8 Step L to left, Cross R behind L, Step L to left, Touch R beside L

SHUFFLE BACK, SHUFFLE BACK, VINE RIGHT, TOUCH

1&2 Step R back, Step L beside R, Step R back

3&4 Step L back, Step R beside L, Step L back

5-8 Step R to right, Cross L behind R, Step R to right, Touch L beside R

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH

1-4 Walk L forward, Walk R forward, Walk L forward, Kick R

5-8 Step R back, Step L back, Step R back, Touch L beside R

STOMP, CLAP, HOLD, HOLD, ROLL HIPS TWICE (Elvis Hips)

1-4 Stomp L to left, Clap, Hold, Hold

5-8 Roll hips twice in two complete circles

PART B:

VINE LEFT, TOUCH, STEP, PIVOT 1/2 LEFT, STEP, PIVOT 1/2 LEFT

1-4 Step L to left, Cross R behind L, Step L to left, Touch R beside L

5-8 Step R forward, Pivot ½ left, Step R forward, Pivot ½ left

VINE RIGHT, TOUCH, STEP, PIVOT 1/2 RIGHT, STEP, PIVOT 1/2 RIGHT

1-4 Step R to right, Cross L behind R, Step R to right, Touch L beside R

5-8 Step L forward, Pivot ½ right, Step L forward, Pivot ½ right

REPEAT Parts A and B

PART C:

STEP, LOCK, STEP 1/2 LEFT/HITCH

1-4 Step L forward, Lock R behind L, Step L forward turning ½ left on ball of L and hitch R at the same time

BACK, BACK, BACK, BACK

5-8 Step R back, Step L back, Step R back, Step L back

ROLL KNEES LEFT, RIGHT, LEFT, RIGHT (LIKE IN LONG-LEGGED HANNAH):

1-4 Roll knees left, right, left, right as you walk forward (as is done in Long Legged Hannah)

REPEAT Part C

RESTART over with Part A, then Part B, then Part C until end of music.