

AFRICA JACK

Count: 32. Wall: 2. Level: Improver

Choreographer: Peter Heath (AUS)

Music: Mama Africa by Two In One. Album: Mama Africa

INTRO: 16 count from heavy beat

SHUFFLE, SHUFFLE 1/2 RIGHT, SHUFFLE 1/2 RIGHT, ROCK FORWARD, RECOVER

1&2 Step R forward, Step L beside R, Step R forward

3&4 Turn 1/4 right step L to left, Step R beside L, Turn 1/4 left step L back

5&6 Turn 1/4 right step R to right, Step L beside R, Turn 1/4 right step R forward

7,8 Rock L forward, Recover onto R

SHUFFLE BACK, SHUFFLE BACK, ROCK BACK, RECOVER, HIPS FORWARD-BACK-FORWARD

1&2 Step L back, Step R beside L, Step L back

3&4 Step R back, Step L beside R, Step R back

5,6 Rock L back, Recover onto R

7&8 Step L forward bump hips forward, back, forward

BACK, HEEL DIG, CHA CHA BACK, BACK, HEEL DIG, CHA CHA BACK

1,2 Step R back, Dig L heel forward

3&4 Step L back, Step R beside L, Step L beside R

RESTART: Wall 8

5,6 Step R back, Dig L heel forward

7&8 Step L back, Step R beside L, Step L beside R

ROCK RIGHT, RECOVER, CROSS SHUFFLE, ROCK LEFT, RECOVER, TRIPLE 1/2 RIGHT

1,2 Rock R to right, Recover onto L

3&4 Cross R over L, Step L to left, Cross R over L

5,6 Rock L to left, Recover onto R

7&8 Turn 1/2 right step L to left, Step R beside L, Step L beside R [6:00]

32 REPEAT

RESTART: Wall 8 [6:00] Dance to count 20 and restart.

This is fairly easy to hear when the music changes.